

# ***Third Annual Sleep & Symptom Research Symposium***

**April 28, 2017**

**8 AM – 3PM**

Yale School of Nursing, West Campus  
400 West Campus Drive, West Haven, CT

## **PROGRAM**

8:30 – 9:15 AM

Registration, posters, coffee, networking

9:30- 10:45 AM

Keynote:

***Effects of Sleep and Circadian Disruption on Metabolism and Risk of Disease***

Kenneth P. Wright, PhD. Professor

Department of Integrative Physiology University of Colorado Boulder



10:45-11:00 AM

Break and Poster viewing

11:00-11:30 AM

***Sleep, Coping, and Adjustment in Youth with Type I Diabetes***

Margaret Grey, DrPH, RN, FAAN

Annie Goodrich Professor of Nursing, Yale School of Nursing

11:30-12:00 AM

***Improvement in Sleep in the Medical ICU via a Naptime Intervention***

Melissa Knauert, MD, PhD, Assistant Professor

Yale School of Medicine,

Dept of Internal Medicine, Pulmonary, Critical Care & Sleep Medicine

12:00-1:00 PM

**Lunch and Poster viewing**

1:00- 1:30 PM

***Reciprocal Variations in Sleep and Alcohol Use over Time Among Young Adults***

Lisa Fucito, PhD, Assistant Professor

Yale School of Medicine, Department of Psychiatry

1:30-2:30

**Sleep Special Interest Group Discussions**

2:30-3:00

Report out from Special Interest Groups, Closin

**RSVP for a poster presentation by April 7, 2017**

**RSVP to attend conference by April 21, 2017**

**Contact: [frances.hackerman@yale.edu](mailto:frances.hackerman@yale.edu); 203-737-2420**

**Sponsors: Yale Center for Sleep Disturbance in Acute & Chronic Conditions**

**YSN Biobehavioral Laboratory**

**Yale Program in Sleep Medicine**