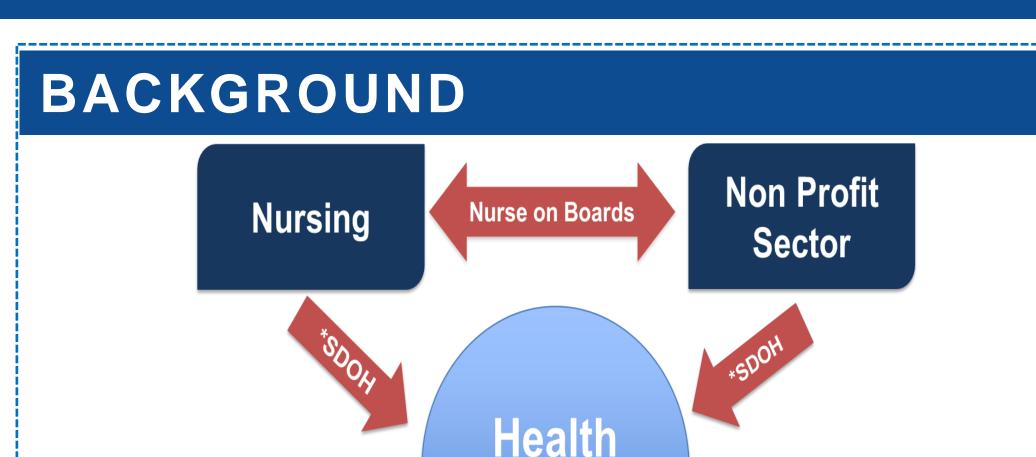


* Social Determinants of Health

Achieving Health Equity: Developing Nurses for Nonprofit Board Service



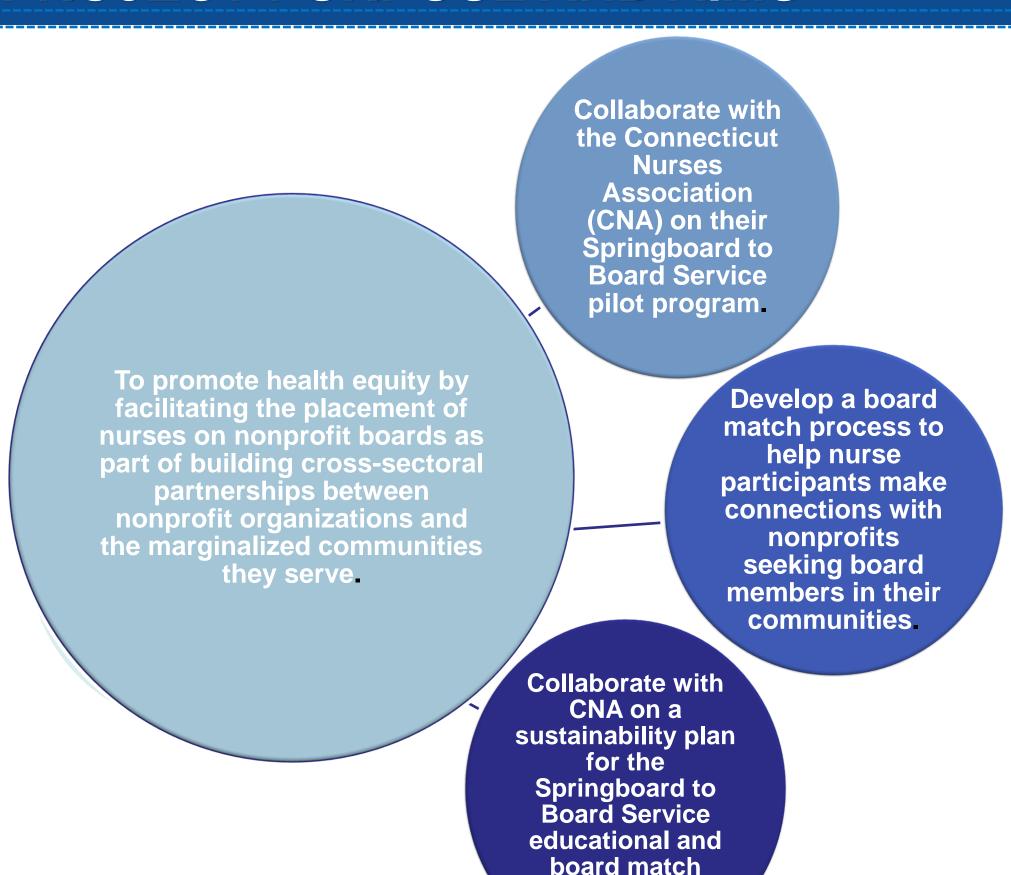
Authors: Bernadette Park, MSN, RN, Cynthia Holle, DNP, MBA,RN, Lisa Sundean, PHD, RN, Jane Dixon, PHD, RN, Carmen Portillo, PHD, RN



Nonprofit boards desire diversity and community voice to govern effectively. Nurses on boards can promote board diversity and improve health equity; however, there is a systemic lack of nurses on boards or way of connecting them.

Equity

PROJECT PURPOSE AND AIMS



process.

PROJECT DESCRIPTION

LEADERSHIP IMMERSION

Relationship building with the nonprofit sector was critical to project success

CNA SPRINGBOARD PILOT

- Marketed to all registered nurses in Connecticut
- Partial scholarships offered through state Black and Hispanic nurses associations to cultivate a diverse cohort
- Cohort 14 nurses enrolled 43% POC
- 9-month hybrid flipped classroom structure
- Best-on-Board online Essentials of Board Governance certificate program
- Text: Connie Curran's Nurse on Board
- Holle Board Search Workbook (self-paced activities)
- 5 in-person sessions reinforce online learning with:
- Speakers with subject-matter expertise
- Board simulation activities
- Networking luncheon with current nurses on boards
- Elevator speech and board bio workshops
- Last 3 meetings via zoom meeting platform d/t COVID-19

BOARD MATCH

Key players in nonprofit sector are: Community Based Organizations(CBOs) and philanthropy

Nonprofit Boards recognize need for Diversity Equity and Inclusion (DEI) to be effective and representative of the communities they serve

Nurses report they lack connections to boards in their communities

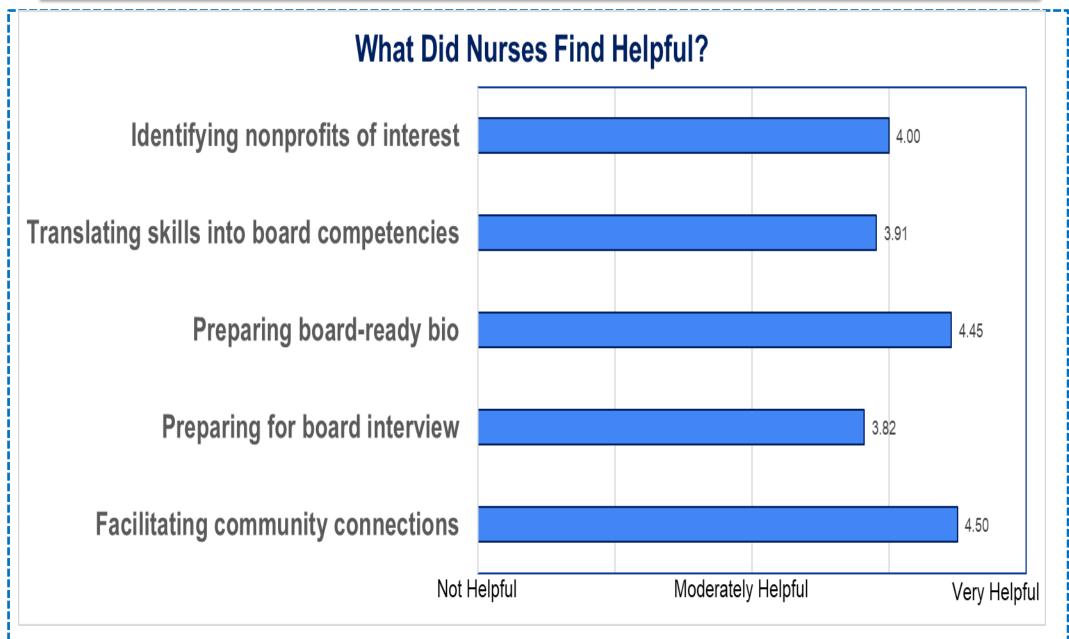
Community foundations acted as conduits to board service and were receptive to promoting nurses for board service

Provided 1:1 coaching and mentoring to 10 nurses throughout the board search process

Matched with CBOs based on nurses' passions and skill set

RESULTS

73% of participants interested in board service secured a board seat.



- The Sundean Healthcare Index for Preparedness in Board Competencies (SHIP-BC) pre- and post-pilot survey indicated gains in community and analytic
- Exit measurements indicated satisfaction with pilot format and content.

IMPLICATIONS

The COVID-19 crisis has shone a bright light on health disparities and elevated the need to have nurses engage in board service leadership to address SDOH in their communities.

State Nurses' Associations can leverage philanthropic relationships to connect nurses with nonprofit boards in their communities.

TIMELINE

Establish relationship with CNA,
Complete the Best on Board course
Develop board

Feb-May 2019

simulations

Marketing, solicit DEI funding, develop relationships w/ community foundations, Leaders on Board Hartford

May-Sep 2019

Pilot Springboard
Program

Board Match Process Program evaluation

6 month Follow up w/cohort to see if serving on a board Recommend Sustainability Plan

Dec 2020

Sep 2019 – June 2020

Oct 2019–Dec 2020

C∰VID-19

