

SPRING 2009 VOLUME 9 NUMBER 2

Yale Nursing Matters

**New Haven native
Everol Ennis '09**





Yale School of Nursing

Yale Nursing Matters

Yale Nursing Matters is a publication of Yale University School of Nursing and Yale University School of Nursing Alumnae/i Association.

Dean: Margaret Grey '76

Editor: John Powers

Associate Editor: Zoe Keller

Spring 2009 *Yale Nursing Matters*

Editorial Board:

Lisa Hottin
Karla A. Knight '77
Frank Grosso
Angela Kühne

Contributing Writers:

Daniel Champagne
Kathy Katella
Karla A. Knight '77
Angela Barron McBride '64
Luc R. Pelletier '82
Sioux Saloka

Photography:

Don Gerda
Zoe Keller
Michael Marsland
YSN Faculty, Staff, Students,
and Alumnae/i

Printing: Premier Graphics

Design: Gregg Chase

Yale University School of Nursing
100 Church Street South
Post Office Box 9740
New Haven, Connecticut
06536-0740

203-785-2393
nursing.yale.edu

Cover: Everol Ennis '09 grew up in New Haven and is now pursuing his master's degree in nursing at Yale. Article on page 10.

This issue of *Yale Nursing Matters* covers the events that took place from fall 2008 through winter 2009.

Yale SCHOOL OF NURSING

- 3 Letter from the Dean
- 4 Spotlight News
- 6 The Making of a Yale Nurse
- 6 PhD Program Advances Nursing Research & Practice
- 8 A Long and Winding Road
- 10 A New Haven Native Finds a Home at Yale
- 12 GEPN Program: YSN's Second Career Launching Pad
- 14 Scholarship Recipients
- 15 Nursing is a New Direction for RWJF Grant Recipients
- 16 Campaign Update
- 17 Donor Profile: Evelyn Anderson '50
- 18 In Memoriam
- 19 Grant Awards
- 21 Truth of the Matter: Angela Barron McBride '64

Yale Nurse

- 22 I Am a Yale Nurse: Tara Walsh Malbasa '06
- 24 YSN Alumnae/i by State
- 25 Expanding the YSN Community—Paying it Forward
- 26 Class News
- 28 Alumnae/i Board Update



mat·ter *n.* Something that occupies space and can be perceived by one or more senses; a physical body, a physical substance, or the universe as a whole. A subject of concern, feeling, or action. Something printed or otherwise set down in writing. *v.* To be of importance or value. Signify.



Focusing on YSN's Remarkable Students

We at Yale University School of Nursing are privileged to have the brightest and most committed students entering the nursing profession today. Our Graduate Entry students enrich YSN with their unique backgrounds, and our RN students bring a wealth of experience to the classroom and clinic. YSN PhD students share a passion for developing the evidence to drive nursing care and health policy.

Students at YSN are at the heart of our mission, “better health care for all people.” Their commitment to changing health care for the underserved—wherever they may be, locally in New Haven, across the U.S., or around the world—is truly inspirational for our faculty and staff. Because they come to YSN with such varied experiences and abilities, our students are not limited by one view of what is possible. They make use of their gifts to creatively solve problems in health care.

In this issue of *Yale Nursing Matters* we focus on our remarkable students. Their profiles will tell you a bit about their backgrounds and where they are going. Most importantly, they tell you about why they came to Yale to study nursing and their commitment to our profession. I hope you will be as inspired by their stories as we are every day.

We live in tumultuous economic times. And, as with the rest of the world, YSN will face some difficult decisions. Nonetheless, we know that our students will be needed more than ever, as clinicians, and as the next generation of leaders and faculty. The looming nursing shortage, caused primarily by the aging of the nursing professoriate, assures the importance of recruiting and retaining these extraordinary young people. If you would like to help us assure that we can always support such students at YSN, I hope you will let me know.

A handwritten signature in cursive script that reads "Margaret Grey".

Margaret Grey, DrPH, RN, FAAN
Dean and Annie Goodrich Professor



Former President Bill Clinton greets YSN Dean Margaret Grey to acknowledge the partnership between YSN, the Clinton Foundation, and the Indian government in establishing the Indian Institute for Advanced Nursing

YSN and Clinton HIV/AIDS Initiative Partner to Advance Nursing in India

YSN and the William J. Clinton HIV/AIDS Initiative have partnered with the government of India's Ministry of Health and Family Welfare and the Indian Nursing Council to develop a new curriculum for the training of post-graduate nurses and faculty in the prevention and treatment of HIV/AIDS, with the primary mission of training nurses to serve in public health in India. The curriculum will be the centerpiece of the state-of-the-art Indian Institute for Advanced Nursing (IIAN), the new national hub for nursing training, research, and education in HIV/AIDS in India. YSN Professor Nancy Reynolds, PhD, and YSN Researcher Angelo Anthony Alonzo, PhD, will serve as co-directors on the multi-year project. "HIV/AIDS is one of India's most pressing public health priorities," said Dr. Reynolds. "The establishment of IIAN provides an exceptional opportunity to work with nursing and government leaders to develop and provide the highest-quality educational programs."

Nursing Library Opens in China Thanks to YSN Book Donations

Thanks to the efforts of YSN faculty and staff, a new library of nursing opened in China with more than 4,000 books. The Shanghai Lida Polytechnic Institute opened its English Nursing Library in November after a five-year project at YSN to amass thousands of nursing textbooks. The new library is one of the most comprehensive English language collections on nursing in China. The official opening was attended by YSN staffer Sydney Martin, pictured here unveiling the library's plaque with Institute Chairman Shan Zhao Hui before an audience of government officials, journalists, and university students and faculty.



Three YSN Faculty Inducted into American Academy of Nursing

Three YSN faculty members were inducted into the American Academy of Nursing. The new Fellows include Associate Professor Angela Crowley, PhD, APRN, BC, PNP, Professor and Associate Dean for Scholarly Affairs Nancy Redeker, PhD, RN, and Professor, and Associate Dean for Clinical and Community Affairs Martha Swartz, PhD, RN, CPNP. Fellowship affords them an opportunity to work with other leaders in health care in addressing the issues of the day. In addition, Nancy Redeker was inducted as an American Heart Association Fellow in the Council on Cardiovascular Nursing.



Martha Swartz, Dean Margaret Grey, Angela Crowley, and Nancy Redeker, at the AAN Annual Induction Ceremony



YSN Gets a Permanent Home

Yale University has recently purchased the School of Nursing building at 100 Church Street South, the site of New Haven's former Richard C. Lee High School. YSN had been leasing the building from Church Street Development Associates since June of 1996. "We are thrilled with the possibilities, and planning is under way," said Margaret Grey, YSN Dean and Annie Goodrich Professor. The \$33 million deal for the property was completed in late November.

NEW FACULTY



Jacquelyn Taylor, far right, at the 2008 American Academy of Nursing Meeting with Kathleen Dracup, Dean of the University of California San Francisco School of Nursing, and YSN Dean Margaret Grey.

Yale Professor Named a Robert Wood Johnson Foundation Nurse Faculty Scholar

YSN Assistant Professor Jacquelyn Taylor, PhD, PNP-BC, RN, was one of 15 junior faculty in the nation to receive an inaugural Robert Wood Johnson Foundation Nurse Faculty Scholar award. The three-year, \$350,000 grant will support her research to examine the interaction between genome-wide association and social environmental factors related to blood pressure to understand control of hypertension among hypertensive parents and early risks for high blood pressure among untreated African American children.

YSN Professor Helps Students Produce Teen Pregnancy Prevention PSAs

In her role as chair of New Haven Mayor John DeStefano's "Teen Pregnancy Prevention Council," YSN Associate Professor Alison Moriarty Daley worked with a group of students as they developed and produced video public service announcements. "I still get goose bumps every time I see these," commented Moriarty Daley. "They are really well done and send a simple but important message: 'It's my responsibility, it's your responsibility.'" The clips have been shown at public and school events. View them online at: http://nursing.yale.edu/News/Features/teen_pregnancy.html



New Haven public school students produced several videos, including "Boy Swap," a humorous role reversal in which a teen boy becomes pregnant and then is ditched by his girlfriend.



Laura Kierol Andrews, PhD, APRN, ACNP-BC, is an assistant professor in the Adult Advanced Practice Nursing Specialty track. She holds a joint clinical appointment at the Hospital of Central Connecticut at New Britain General as a senior Acute Care Nurse Practitioner in the department of Critical Care Medicine and manager of their Medical Rapid Response Team.



Karen Bearss, PhD, is an associate research scientist with a doctorate in child psychology. Her current work centers around parent-focused interventions and the implementation of evidence-based treatments in community mental health centers. Bearss is studying an intervention for parents of preschool-age children with autism and co-occurring disruptive behaviors.



Sangchoon Jeon, PhD, is an associate research scientist at YSN and works as a biostatistician. His education background includes a Master's Degree in Statistics and a PhD in Epidemiology. He has six years of experience as a research assistant in the Family Care Research Program in Cancer.



Geraldine Marrocco, EDD, APRN, CNS, ANP-C, joined YSN as an assistant professor in January 2009. Certified as an adult nurse practitioner, she established a private practice in primary care. Marrocco is a clinical nurse specialist and has taught nursing at all levels. Her interests include health promotion and disease prevention in the primary care setting and advanced teaching modalities in graduate nursing education.



Mary D. Moller, DNP, APRN, PMHCNS-BC, CPRP, FAAN, is an associate professor at YSN and is dually certified as a clinical specialist in adult psychiatric-mental health nursing and a psychiatric rehabilitation practitioner. Widely published and a Fellow of the American Academy of Nursing, Moller established the first nurse-owned and managed outpatient psychiatric clinic in the U.S.



Jacquelyn Taylor, PhD, PNP-BC, RN, is an assistant professor in the Pediatric Nurse Practitioner Specialty. She is prepared as both a pediatric nurse practitioner and a school nurse practitioner. Her career has focused on addressing health disparities in hypertension among African Americans. *(More at top left.)*



The Making of a Yale Nurse

BY FRANK GROSSO, PHD,
ASSISTANT DEAN FOR STUDENT AFFAIRS

I see it daily. I'm one of the lucky ones, I guess. They are the unmistakable qualities that reside in our students and result from their academic journey. Oh sure, they are intelligent, hardworking, and creative. But what I see is more distinctive. It's what sets them apart from the others: their determination and transformation.

When they arrive, their excitement is unmistakable. But as those of you who have been in their shoes know, that excitement quickly turns to anxiousness. And where anxiety lies, doubt is right around the corner. But that's when these students begin to dig down deep, when they lean on the very core of what got them to this point. This is when I see doubt turn into determination. Spend ten minutes with any of our students—you can't miss it. The resolve to succeed, to serve, to evolve, to contribute, is uniquely theirs.

Then, in the midst of digesting theoretical concepts, textbooks, and clinical skills, they begin to transform. On the surface, most are transformed into nurse practitioners or midwives. Others transition from practitioners into researchers and scholars. But that is expected and just scratches the surface. What I see is different: I witness a metamorphosis. I see nerves turn into confidence, and ideas into scholarly work. I see the sheltered turn advocate, the favored turn servant, and the healer turn leader. Regardless of their backgrounds, ethnicities, passions, and professional desires, I see them all transform. Just look through the pages that follow, and you'll see it too.

PhD Program Advances Nursing Research & Practice

To see the variety Yale University School of Nursing's PhD program offers, one simply has to look at the diversity of its students and their research.



BY DANIEL CHAMPAGNE

There's first-year student Leonie Rose '14, a 42-year-old African American woman born in Jamaica, who is working to improve nurses' skill in reading and interpreting EKGs in emergency departments.

Fourth-year student Nick Nicholson '10, a 30-year-old who was born and raised in Portland, Connecticut, is researching the predictors of social isolation in community-dwelling older adults.

Jia Guo is a visiting PhD scholar from Central South University in Changsha, China, who came to Yale through a fellowship from the Yale-China Association. The 25-year-old is researching self-management of type 1 diabetes.

Second-year student Monica Roosa Ordway '13, a Southbury, Connecticut, resident and mother of two, is researching the effect of maternal reflective functioning and depression on child behavior.

"Promoting nursing as a science is very important, and I feel that is really a strength of the program," Roosa Ordway said. "All the researchers consider them-

selves scientists. You see a great variety of researchers here, and I think people support looking at things in a different way."

"So far, it's what I wanted it to be in terms of the type of work, and the staff has been great," Rose said. "There is definitely a variety in the program. There are a lot of people in the first-year program, and they are all researching different things."

YSN established a Doctor of Nursing Science program in 1994, which was replaced in the fall of 2006 by the Doctor of Philosophy in Nursing. The program has 20 students pursuing 11 areas of research. It was a natural progression for YSN to continue its already solid foundation by adding a PhD program, said Nancy Reynolds, PhD, RN, C-NP, FAAN, Director of the Doctoral Program: "YSN has been recognized for its leadership in nursing for a long time, and the PhD program builds on the very rich history that was already in place."



Nancy Reynolds, Director of the YSN Doctoral Program (standing), with PhD students (seated left to right) Leonie Rose '14, Jia Guo, Monica Roosa Ordway '13, and Nick Nicholson '10.

“Nurses are the ones at the forefront of the health care system, and we need researchers who can advance the scientific knowledge base for improving the health of diverse populations through nursing practice, organizational structures, and health policy leadership,” added Reynolds.

The PhD curriculum is designed to prepare expert nurse scholars. Students take core courses in knowledge development, research methods, statistics, and health policy as well as cognates that give students the opportunity to select courses that enhance their depth and breadth of knowledge in a focused area of study. Yale has a vast array of intellectual resources and supports for research which provides a remarkably rich environment for training nurse scientists, Reynolds said. “We have a group of extraordinary faculty who are leading researchers in their fields. They are extremely knowledgeable and dedicated to mentoring doctoral students to become strong critical thinkers and capable researchers. This is a joy, a

privilege, when you have such a bright and promising group of students to work with.”

Being encouraged and provided with the opportunity to learn from the different perspectives and expertise of YSN faculty is something the students said makes the program special. “One of the great privileges of being a PhD student at YSN is the support you get,” said Roosa Ordway, a 1997 graduate of YSN’s Graduate Entry Prespecialty in Nursing program. “No one here has ever made me feel that there’s only one way to do something.”

Guo said she has been very pleased with the PhD program because researching the self-management of type 1 diabetes wouldn’t have even been an option in China. “YSN is very good in this area and there are many scientists I can work with,” she stated. “In China, we don’t have this type of research so it’s been helpful for me...I know I can get any help I need from the faculty at YSN.”

Nicholson, an invited student representative on the YSN Doctoral Committee, has enjoyed faculty support for two innovations in which he has taken an active role this year. One is the development of a “Faculty-Student Exchange” designed to facilitate the school’s community of scholarship through one-hour forums that provide an opportunity for open discussion exploring cutting-edge issues and ideas. The other, “The Doctoral Corner,” is an online site developed for students to get together as a group to talk and share helpful information to support one another, even when away from YSN.

Reynolds, who became director of the doctoral program last September, said she wants the program to provide its students with the preparation needed for the 21st century. “We are preparing the next generation of nursing leaders. We always need to be looking ahead and anticipating trends that will affect the health and health care delivery systems of the future.”

A Long and Winding Road

BY ZOE KELLER

For Leslie Wheelless '10, the path to YSN has been full of surprises



Leslie Wheelless '10 is a part-time student learning to be a family nurse practitioner at Yale, while working as an RN in an inner-city emergency department. The urban setting is a long way from her origins in rural Wyoming, but her journey has already taken her much further from home.

Wheelless first left Wyoming and her family, rooted in the American Indian community, for Dartmouth College in New Hampshire, in 1998. Once there, she found her passion for pre-med studies had turned to ambivalence. Feeling the pressure of mounting student loan debt, Wheelless wished she could buy time. "I was a lost soul looking for purpose," she said of this period. "I was 19, my only skills were checking groceries and waiting tables; living on my own wasn't an option."

In what Wheelless described as "either a moment of weakness or a moment of clarity," she saw an ad for the Army and decided enlisting would give her the time she needed. Intending to serve the military in the medical field, Wheelless was instead recruited into Army Intelligence. Life at Fort Lewis in Washington State, researching Asian topography, was far from the James Bond lifestyle she had imagined while in the recruiter's office.

After September 11, 2001, she suddenly had a new assignment. "I was just pinned with my sergeant stripes when I received word I'd be reporting to the Middle East, alone, without my unit," she said. Wheelless was deployed overseas for

over a year, as one of four women in a 200-person unit. First in Djibouti and then Qatar, she served in both Operation Enduring Freedom and Operation Iraqi Freedom.

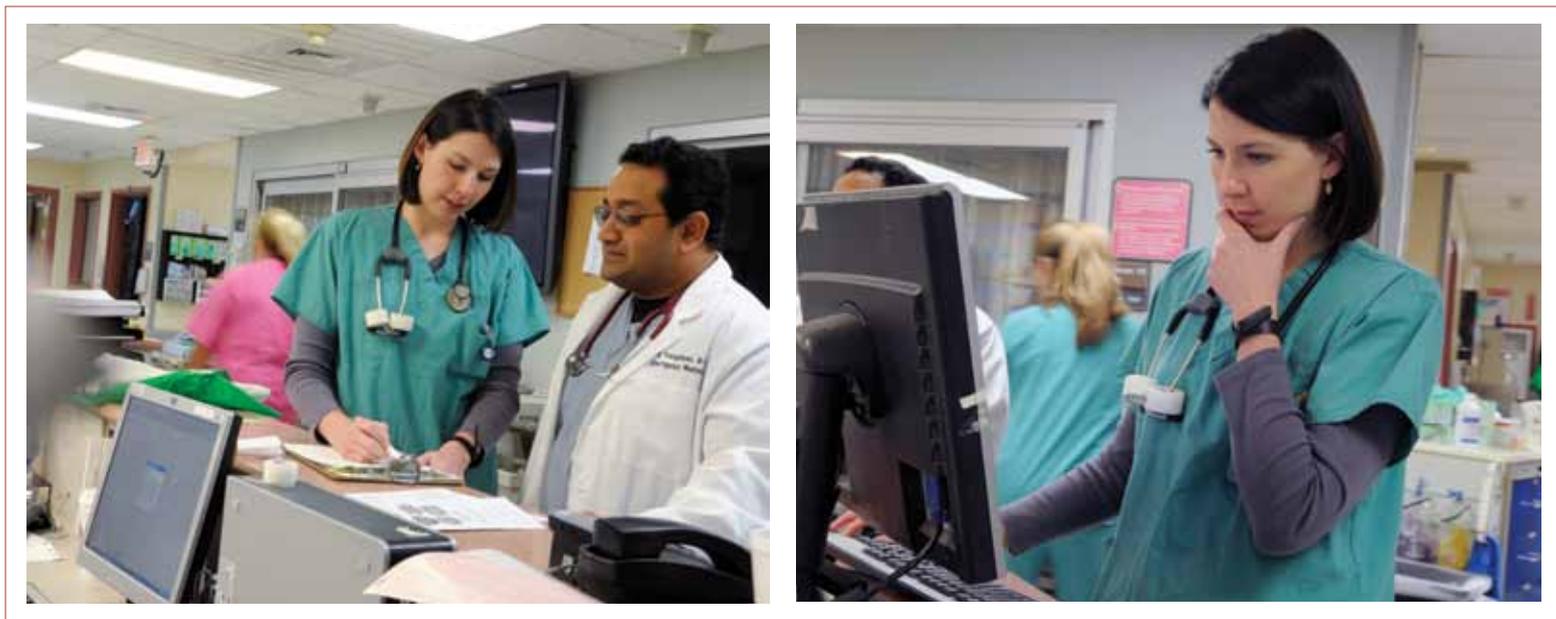
While in Djibouti, Wheelless became the assigned expert on Somalia and was moved by the humanitarian efforts she witnessed there. She was inspired by the international teams of medical workers and the difference they made in Somalia, even after much of the world stopped paying attention. "It dawned on me that nursing was a way to make a difference in the world," Wheelless added.

Wheelless had intended to return to Dartmouth after her four-year enlistment but realized that her GI Bill funds would get eaten up quickly there. Instead, she decided to enter a nursing program and found that, by coincidence, the most economical option was at the University of Wyoming, and so she returned to her home state.

While earning her RN, Wheelless interned with a nurse practitioner at the VA hospital. Her mentor talked about the autonomy of the nurse practitioner role, while maintaining "a sense of how a nurse relates to people." Wheelless had planned to stop with a bachelor's degree, but through these conversations she realized that, "an advanced practice degree is what I want."

This is a common motivation for pursuing an advanced degree, according to YSN Associate Professor Ivy Alexander,

“I jumped at the chance to work with and be mentored by the YSN faculty. They are the movers and shakers of the nursing world.” — LESLIE WHEELLESS



Leslie Wheelless '10 is working as an RN in the Emergency Department at New Haven's St. Raphael Hospital while earning her MSN as a Family Nurse Practitioner at Yale.

PhD, C-ANP, Director of the Adult, Family, Gerontological, and Women's Health Primary Care Specialty. “Advanced practice provides nurses the opportunity to apply their skills with greater independence, while using the patient-centered philosophy of nursing,” she explained.

Having found her calling, Wheelless began looking all over the US for advanced practice nursing programs. The “safest” option was to continue at Wyoming. “I applied to Yale just to say I had tried, never thinking I'd get in.” Even though she was “stunned in disbelief” at being accepted, Wheelless had to think seriously about the economic reality of moving across the country and finding a job as a nurse while going to school.

Despite these worries, she explained, “I jumped at the chance to work with and be mentored by the YSN faculty. They are the movers and shakers of the nursing world.” The day of her college graduation ceremony, Wheelless already had the moving truck packed up, and the next day, she and her dad headed out on their long drive to Connecticut.

After enrolling at YSN, Wheelless, who is Laguna Pueblo Indian, was awarded a full scholarship through the Indian Health Service. She will repay the scholarship with three years of service at an Indian health center after graduating from YSN. This could mean anything from an urban substance abuse center to a rural primary care clinic. To pay her living expenses, she is currently employed in the Emergency Depart-

ment at New Haven's St. Raphael Hospital, and she plans to graduate with no student loan debt.

Alexander said YSN makes a special effort to help RNs balance the competing demands of work and school. “Because these students have unique needs, we strive to individualize clinical placements and course sequencing, to build upon their prior expertise. YSN also encourages students to learn from one another by sharing their experiences in seminar discussions,” she added.

After making the transition from rural VA hospital to urban emergency department, Wheelless feels ready for anything. While life in the emergency department is exhausting, she loves her work because she is gaining valuable experience. She is presented with mysterious illnesses on a regular basis, and she remarked, “There is no such thing as a routine day.”

Wheelless is committed to serving in Native communities, and with her experience overseas, she is also drawn to international health care. This interest has only grown after traveling to Hong Kong for Professor Pat Jackson Allen's course in traditional Chinese medicine.

There are a great many plans in the future for Leslie Wheelless, including a Masters in Public Health, “down the road.” If her past proves anything, it's that she is not afraid of a challenge.



A New Haven Native Finds A Home at Yale

BY JOHN POWERS

New Haven is famed for its Wooster Square pizza, for fine shopping along Chapel Street, and of course as the home of Yale University. Perhaps less well-known, but equally impressive, is Yale University School of Nursing student Everol Ennis '09, a New Haven native who has returned to his home city to pursue a master's degree in nursing.

Raised in Newhallville, a working-class, residential area of the Elm City, Everol is a product of the New Haven Public School system. He graduated from Hillhouse High School at the young age of 16, after skipping a grade in middle school due to his academic acumen. Everol found himself a leader at Hillhouse, despite being younger than his classmates.

"I never really noticed that I was younger than all of those in my graduating class," Everol commented. "Thankfully I took my junior and senior year seriously, and that enabled me to take on many leadership roles in high school." This included the Young Men's Leadership Group, Mock Trial, Science Club, and the Drama Club. It comes as no surprise to those who know him that Everol was voted "Best Personality" in his graduating class.

Led by the value his family places on education and responsibility, the sixteen-year-old moved after graduation to Washington, DC, to attend Howard University.

"My family is very close-knit and education is very much emphasized," Everol added. "After high school, I was given three options: college, military, or work. Fortunately, I was

able to go to Howard." Despite a slow start, he thrived at Howard and graduated with a bachelor's degree in psychology, followed by a Master's of Education in Counseling Psychology.

After his time in the nation's capital, Everol returned home to New Haven with two college degrees and a new perspective on his city. "When I came back from DC, I became really involved with various community organizations. Through that, in addition to being brought up in New Haven, I had a unique perspective on all of the gangs, drugs, and violence that are so pervasive," he added. "It is only by the grace of God, and a healthy fear of my mom, that I was able to achieve what I did."

Soon after returning to New Haven, Everol worked for a private mental health agency and then joined the Yale Child Study Center, part of the Yale School of Medicine, as Director of Professional Development for the School Development Program. After seven years of working for that arm of the university, Everol acknowledged a continual tug to pursue nursing. His desire to become an advanced practice nurse stemmed from his adolescence, when the face of his health care was an APRN. "I decided it was time to 'scratch the itch' and enter the health care field," he stated.

Everol applied to a variety of nursing programs, planning to attend school at night and keep his position at Yale. He also applied to YSN's Graduate Entry Prespecialty in Nursing (GEPN) program, a three-year full-time course of study that



Everol Ennis '09 lives in New Haven with his wife, Ciarra, and one-year-old son, Evan.



“It wasn’t until I was older and already had two degrees that I realized I could fit in at Yale, and I certainly feel that I have during my three years at YSN.”

combines preparation in basic nursing with advanced work in a clinical specialty and in nursing research. After interviewing at YSN, Everol knew this was the place for him.

“As a kid growing up in New Haven, I never even thought of attending Yale as an undergraduate student,” Everol noted. “It wasn’t until I was older and already had two degrees that I realized I could fit in at Yale, and I certainly feel that I have during my three years at YSN.”

Everol has studied at YSN in the Adult and Gerontology tracks, and after his graduation in May, he will hold the titles of MSN, ANP, and GNP. In his three years at YSN, he has served clinical assignments at Yale-New Haven Hospital (neurology unit and diabetes concentration), St. Raphael’s Hospital (oncology), Hamden Healthcare (nursing home), Connecticut Medical Group (private practice), West Haven Veterans Hospital (hospice and homecare), Hill Health Center (community health care), Hebrew Health Center (geriatrics), and Yale Health Plan (diabetes).

In addition to his very full academic and clinical load, Everol has been a leader of community involvement at YSN. This includes serving with the City of New Haven’s Commission on Aging, the Connecticut State Office of Veteran’s Affairs “Stand Down,” YSN’s annual “Healthy Neighbor’s Day,” DESK (Downtown Evening Soup Kitchen), the “Have Bones, Will Travel” educational program, HAVEN

Free Clinic, Yale’s Homelessness and Hunger Auction, the NAACP Health and Career Expo, the Neighborhood Health Project, and YSN’s Student Government Organization.

In 2008, YSN recognized Everol’s outstanding commitment to those in need by presenting him with its Community Service Award. “I have a moral obligation to give back to my city,” he added. “There are a lot of people in New Haven living with challenging circumstances. I just want to make a helpful contribution.”

Everol stills lives in New Haven, with his wife, Ciarra, and his one-year-old son, Evan. “The decision to go back to school was mostly due to my wife Ciarra’s support and would not have been possible without her,” he added. “It is important for me to express my gratitude to her for everything that she has done toward helping realize my goals. And right now, my inspiration and motivation as I finish up at Yale is my son, Evan.”

It is his continual involvement and investment in New Haven that gives Everol a unique perspective on the town-gown relationship. “There are preconceived notions and stereotypes on both sides, and most of them are not nice or accurate. I have lived on both sides—a New Haven resident and a Yale student—and I would love to see any barriers eliminated. I really try to deal with the *individuals* on both sides of the fence and not the ‘reputation’ of New Haven or Yale.”

This perspective and attitude make Everol Ennis a highly valued member of both the city of New Haven and Yale University.



RUTH CALDERON '09

Before YSN: Real Estate, Café Owner, Spanish-English Interpreter, Academic Grant Writer

GEPN Program: YSN's Sec

BY SIOUX SALOKA

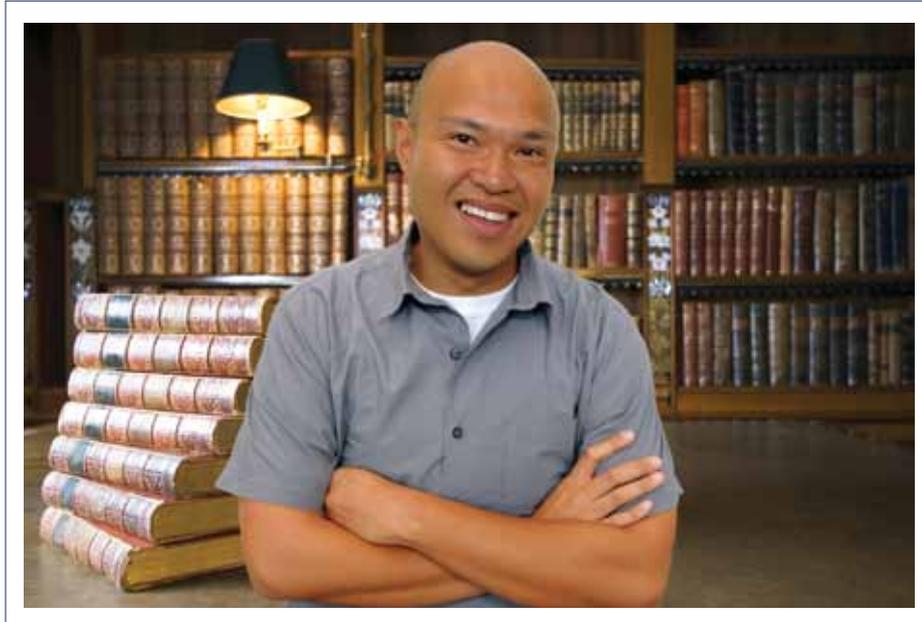
Call 9-1-1! Our nation is in the throes of a serious health crisis. Her condition is rapidly approaching critical: her economic flow is severely dehydrated; her unemployment rate is hypertensive and her job market is in fibrillation. Even with a trillion-dollar transfusion, apparently it will be a prolonged recovery period for America.

Difficult days are definitely upon us, but sometimes a bitter pill can be good medicine. Tough times have a way of bringing clarity to our lives, rousing us from our complacency and demanding we reinvent ourselves. Reinvent, how? By rethinking our goals, repurposing our skills, and even changing career paths. Yale University School of Nursing Dean and Annie Goodrich Professor Margaret Grey looks optimistically at dealing with our current situation. “We can choose to ‘hunker down’ and get through these times, or we can see the good and the opportunity around us.” In other words, no matter how gloomy it may look, opportunity is still out there knocking on doors. For those seeking ways to redirect their lives and make an immediate difference in the lives of others, *now* may be an ideal time to consider a second career in nursing.

For several years, professional authorities like the American Association of Colleges of Nursing (AACN) have been reporting nursing shortages in the wake of an aging population, longer life expectancies, and other modern factors. The Bureau of Labor Statistics estimates there will be at least one million new openings for RNs by 2012, not to mention other nursing specialties. The AACN concludes that, in terms of projected job growth, such statistics secure nursing as the nation’s top profession. That’s a pretty loud knock for anyone wanting to reroute their career path.

YSN Assistant Professor Linda Pellico, MSN, PhD, APRN, has been teaching for 20 of the 35 years since YSN opened its doors to non-nurse college graduates transitioning into nursing. She feels “lucky to be surrounded by the talented, compassionate and experientially gifted students” who enter YSN’s three-year Graduate Entry Prespecialty in Nursing (GEPN) program from a wide variety of professional backgrounds. “They are,” she notes, “generally highly motivated, self-directed, flexible, educated individuals dedicated to helping people, populations, or systems.” Since these students are often new to health care, Pellico believes GEPN must build their new fields of knowledge while supporting their previous academic and experiential knowledge. “We must construct a curriculum mindful of both B.S. and B.A. strengths and weaknesses...if someone has focused on a deductive method of reasoning, how will they perform in the clinical world where everything is unique and in flux? If a student comes from the humanities, how will we help them garner the important knowledge necessary to function in a world of burgeoning scientific development?”

Ruth Calderon '09 entered the GEPN Program with a B.A. in anthropology. After some post-college traveling, she returned to her native San Francisco and held an assortment of jobs involving real estate, café ownership, Spanish-English interpreting, and academic grant writing. In 2001, she had just accepted a job offer from American Airlines as a flight attendant when 9/11 deflected those plans. One day, a conversation with a nurse friend made her realize nursing had always been in her blood. “I’ve always enjoyed taking care of family mem-



VICTORIO TOLENTINO, JR. '10

Before YSN: Law School Graduate, Health Regulator, Global and Public Health Consultant, Ethics Researcher

ond Career Launching Pad

bers after surgery and during acute illnesses. When I was younger, I remember being called ‘Enfermera Ruth,’ Spanish for ‘Nurse Ruth.’” Calderon chose YSN because she knew she would be surrounded by “some of the best and brightest in the field, leaders in research and interesting, accomplished peers from varied backgrounds.”

Calderon is cheerfully honest about preparing for her new career: “The GEPN curriculum is dense and challenges me to push myself to learn as much as I can. Being thrown into the clinical setting by the third week of instruction was a major challenge, but in retrospect, it’s one of the best experiences I’ve had.” She hopes to incorporate international aid work into her nursing future. Her advice to anyone contemplating a move into nursing is: 1) educate yourself on the role of the nurse practitioner, 2) speak with people actively working in your field, and 3) personally investigate the type of program you’re considering to get a realistic picture of what you will actually experience.

Victorio Tolentino, Jr. '10, an experienced LPN, arrived at YSN with a Master’s in Public Health and a law degree from Rutgers. His decision to attend Rutgers was fueled by an interest in health policy that was sparked during his MPH studies. “I knew I didn’t want to practice law in a traditional sense, but I was motivated by social justice issues,” he explains. “I wanted to understand disease and health in a larger social context.” Prior to entering YSN, Tolentino worked for the state of



YSN Assistant Professor Linda Pellico with Victorio Tolentino, Jr. and Ruth Calderon

Maryland leading a team responsible for investigating physician misconduct. There, he realized that he wanted to be more directly involved in clinical work. “Each case I reviewed raised important clinical questions regarding the standard of care and the scope of practice, patient-provider boundaries, health care fraud and resource utilization, and provider impairment.”

After graduating from YSN, Tolentino hopes to combine clinical practice, research, and teaching. He also wants to continue collaborating on international projects and remain engaged in health professional regulation. He is grateful for his past career experience. “Non-medical professionals have a lot to contribute to the field, and previously acquired skills in negotiation, advocacy, finance, marketing, and public relations are more than transferrable, they’re critical to navigating the clinical setting today.”

Tolentino feels that a nursing career should not be viewed in a vacuum since “it intersects many professional disciplines and requires practitioners to possess a mastery of clinical topics, and an understanding of the broader context in which they practice their profession.”

Pellico has her own uniquely colorful way of describing the GEPN experience: “It’s three years of keeping your feet firmly planted in Jell-O. There’s no such thing as terra firma anymore, the sands are always shifting, and nursing means a lifetime of retooling.”

The following students received scholarships, fellowships and grants for this academic year. We gratefully acknowledge the generosity of the many donors and organizations who have made these scholarships possible.

JOHN ALDEN BENNETT AND DORA GIBBS BENNETT SCHOLARSHIP
Megan Sloat

FLORENCE G. BLAKE SCHOLARSHIP
Bridget Cota
Melissa Florell
Eden Garber
Claire Hardin
Jessica Helt-Cameron
Kara Gillich
Jillian Kannengieser
Evelyn Lai
Kun Lu
Hannah Mark
Molly Selfridge
Suing Siameng
Aemelia Tallen
Jessica Van Byssum

HELEN LANGDON CLARK SCHOLARSHIP
Alyse Cox

CLASS OF 1937 MEMORIAL SCHOLARSHIP
Fabian Alvarado
Stacy Azeredo
Stephanie Bedolla
Maria Corrao
Ilyas Saloom
Phylise Seldin
Alice Sodroski
Sarah Visinski

1988 NURSING SCHOLARSHIP
Anna Faria
Kelly Hale
Stephanie Hove

1989 NURSING SCHOLARSHIP
Noreen Cipriano
Julie Longworth

CLASS OF 1990 SCHOLARSHIP
Brenda Bednar
Katherine Gonzalez
Katherine Obara

CLASS OF 1991 REUNION SCHOLARSHIP
Michelle Coutts
Amber Harris
Bernadette Kuhnsman
Heidi Lim

1992 NURSING SCHOLARSHIP
LumOr Chet
Jessica Rak

ANNIE AND ALBERT COFFIN SR. SCHOLARSHIP
Meghan Carr
Andrea Cuff
Loren Fields
Miriam Lundy
Kristin Nowak
Lindsay Price

JACQUELINE OLIVE FRENCH SCHOLARSHIP
Bridget Howe

HELENE FULD HEALTH TRUST SCHOLARSHIP
Kristen Peek
Mary-Christine Sullivan

HELEN E. HALLFORS SCHOLARSHIP
Meghan Chase
Daniel Hayes

Caitlin Kelly
Brandon Ko
Christina Martinez
Lauren Pak
Suzette Stone
Lauren White

CHARLES KING JR. MEMORIAL SCHOLARSHIP
Ayelet Amittay
Meaghan Hamilton
Andrena Hawkins
Melissa Jenkins
Kerry Williams

ROBERT WOOD JOHNSON FOUNDATION NEW CAREERS IN NURSING SCHOLARSHIP
Stephanie Bedolla
Krystal Davis
Allison Grady
Timothy Jones
Jamie Low
Benjamin Pease
Teresa Svart
Nhu Tran

EVELYN KRUEGER JONES SCHOLARSHIP
April Camiling
Alissa Chow
Susan Silverman Neagle

SUSAN KENT LAMAR SCHOLARSHIP
Meghan Fashjian

BARBARA M. LANDAUER, YSN CLASS OF 1941, NURSE PRACTITIONER SCHOLARSHIP
Jennifer Corum

ARTHUR H. AND EVANITA S. MORSE SCHOLARSHIP
Jaclyn Jones
Sarah Owens

GERTRUDE H. PARKHURST SCHOLARSHIP
Everol Ennis
Amelia Shillingford
Ellen Smith

MARGARET PERRY PEARCE SCHOLARSHIP
Krystal Davis
Natanya Hildebrandt
Courtney Jones
Margaret Laragy
Monica Miller
Amanda Reid

RUTH WARREN PEARSON SCHOLARSHIP
Allison Grady
Marielle Lesnevic
Allison Mullen
Uchenna Omokaro
Katherine Rushfirth

ALBERT PENICK SCHOLARSHIP
Ruth Calderon
Katharine Swan
Annelle Taylor
Rakiya Watts
Susannah Young

ELIZABETH KURTZ PUZAK SCHOLARSHIP
Jina Ko

ELIZABETH N. ROBB SCHOLARSHIP
Lisa Arnold
Elizabeth Causey
Everol Ennis
Sheli Feder
Ewurama Hayford
Kandree Hicks
Heather Howard
Natasha Lever
Emily Miller
Lindsay Neptune
Glen Ordinario
Amanda Reilly
Phylise Seldin
Suing Siameng
Valerie Simenson
Lauryn Slomkowski
Victorio Tolentino, Jr.
Mayuko Uchida
Rebekah Wheeler
Emily Williams

TABITHA W. ROSSETTER SCHOLARSHIP
Sara Baldauf-Wagner
Katherine Cocca
Rebecca Herter
Regina Longinotti
Heather Yates

DOROTHY L. SEXTON SCHOLARSHIP
Elisabeth Hurley

TUDOR FOUNDATION-RABINOWITZ SCHOLARSHIP
Meghan Brennan
Joan Flores
Sarah Laclergue

ELEANOR C. WISSER MEMORIAL SCHOLARSHIP
Lisa Arnold
Sarah Cummings
Mara Evans
Rebekah Wheeler

YSN ALUMNAE/I FUND SCHOLARSHIP
Emily Lawson
Anna Olivier
Gia Santoro
Teresa Svart



Kristen Peek '11 and Mary-Christine Sullivan '11, pictured here with YSN Dean Margaret Grey, are the first recipients of the Helene Fuld Health Trust Scholarship. The Helene Fuld Health Trust is the nation's largest private funder devoted exclusively to nursing students and nursing education. The Fuld Scholarship at YSN provides financial aid to GEPN students who have demonstrated academic excellence and a commitment to caring for society's most vulnerable underserved populations.

Nursing is a New Direction for RWJF Grant Recipients

BY KATHY KATELLA

The Robert Wood Johnson Foundation's New Careers in Nursing Scholarship Program aims to strengthen the nation's pipeline of new nurses by supporting students enrolled in fast-track degree programs, especially those from an underrepresented group in nursing.



During YSN Reunion Weekend 2008, RWJF Scholarship Awardees from the class of 2011 met with YSN alumnae/i. Pictured left to right: Stephanie Bedolla, Associate Dean Barbara Guthrie, Jamie Low, Benjamin Pease, Allison Grady, Teresa Svart, David Collier '83, Krystal Davis, Ramon Lavandero '79, and Ruth Chen '99. Awardees not pictured: Timothy Jones and Nhu Tran.

By the time Allison Grady discovered nursing, she had completed degrees in government and religion at Smith College, worked for the United Way, edited a medical ethics journal, volunteered for a hospice and held babies in a neonatal ICU. “I was sort of late in realizing I wanted to go to nursing school,” she said. Watching nurses in the ICU inspired her ultimate career goal: pediatric oncology APRN.

Grady is one of eight Graduate Entry Prespecialty in Nursing Program (GEPN) students who began the 2008–09 academic year with \$10,000 scholarships from the Robert Wood Johnson Foundation's (RWJF) New Careers in Nursing Scholarship Program. The scholarship aims to strengthen the nation's pipeline of new nurses by supporting students enrolled in fast-track degree programs, especially those from an underrepresented group in nursing. Associate Dean for Academic Affairs Barbara Guthrie, RN, PhD, FAAN, who received the grant on behalf of YSN, explained, “Students from disadvantaged backgrounds accumulate higher student loan debt as undergraduates, and are therefore less likely to pursue advanced degrees.” Since college graduates are disqualified from receiving most federal entry-level financial aid, the scholarships provide important means of support.

“All of our stories are very different,” said Stephanie Bedolla, who volunteered in a clinic for migrant farm workers in California as a teenager. After completing a Biology and Society degree at Cornell University, she expects a YSN degree will allow her to combine clinical work, teaching and research. Two other students are graduates of the University of California at Berkeley: Nhu Tran has a bachelor's in molecular and cell biology and wants to be an acute care

nurse practitioner; Jamie Low majored in public health and cell biology and plans to improve research and primary care for women.

Timothy Jones, one of two men who received the scholarship, is a Georgetown graduate in psychology and former mental health case manager who plans to become an adult psychiatric APRN. Benjamin Pease, who has an undergraduate degree in biochemistry from the University of Massachusetts at Amherst, was working in a Harvard lab when he decided acute care nursing would be more fulfilling.

Krystal Davis, a native of Jamaica (now a U.S. citizen) has a bachelor's in biochemistry and molecular biology from the College of Wooster in Ohio, and a master's in public health from Mount Sinai School of Medicine. “My specialty is acute care,” she said. “I am hoping to find a path where I can combine my research, infectious disease, and patient care interests.”

The eight students are paired with alumnae/i mentors at YSN, meet with the Associate Dean, and participate in Dean Margaret Grey's leadership seminars as well as the Student Diversity Action Committee.

“One of the things that is most eye-opening about our group is that we are so diverse,” said Teresa Svart, who is of Mexican descent. Some of the other recipients are Irish-Puerto Rican, Jamaican, and Vietnamese.

Svart, who has an anthropology degree from the University of Chicago and worked for a Washington, DC, nonprofit, looks forward to meeting the need for nurses who mirror the cultural backgrounds of their patients. She plans to work with minorities in a community clinic, and eventually to train nursing instructors in disadvantaged parts of the world.

Together, we are building Nursing Tomorrow today

Why Give?

Yale University School of Nursing has a proud legacy of leadership and a vision for better health care for all people. Our commitment to excellence is reflected in the achievements of our alumnae/i. Yale Nurses stand out among their peers by creating new models of care, shaping health care policy, and leading new generations of nurses.

Yale maintains a leadership position in preparing advanced practice nurses to lead the profession into the future. *We do this by:*

- » Maintaining an enrollment under 300 students, with a 7:1 student-faculty ratio
- » Recruiting students of uncommon ability and dedication, with a strong commitment to social justice and improving the health of the world's citizens
- » Retaining faculty renowned for their clinical skill and scholarship
- » Creating an interdisciplinary approach to teaching through collaboration with our colleagues from around the Yale community, including Yale College, Yale School of Medicine, and Yale School of Public Health

Yale is one of few top-tier schools of nursing that place equal value on practice, scholarship, and teaching. This education distinguishes a Yale Nurse from any other—and Yale Nurses are needed now more than ever.

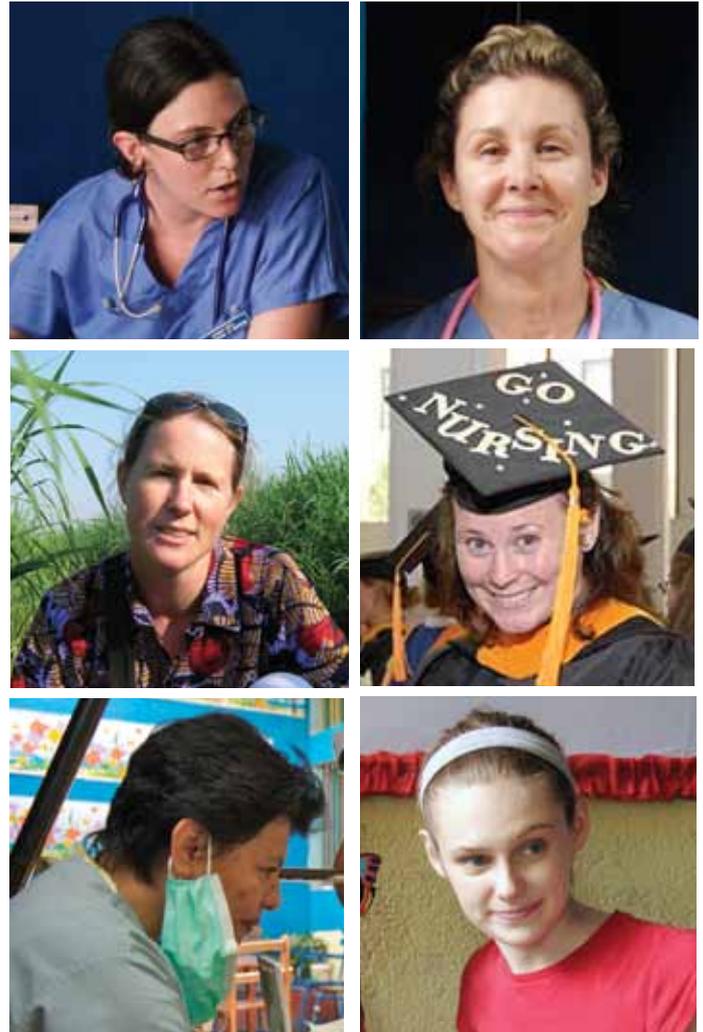
Become a part of Nursing Tomorrow today!

- » YSN Honor Roll of Donors 2007–2008 highlights the generous supporters of YSN's mission and the programs they sustain. View at http://nursing.yale.edu/News/Features/honor_roll.html

NURSING » tomorrow

Nursing.yale.edu/Development

For more information, contact Lisa Hottin, Director of External Relations at 203-785-7920 or lisa.hottin@yale.edu.



CAMPAIGN UPDATE

Nursing Tomorrow
Campaign Goal
\$20,000,000

Funds raised as
of March 1, 2009
\$17,400,387

“A way of saying thank you”

In the last two years, the Evelyn Anderson Research Fund has provided Yale University School of Nursing with \$10,000 to support scholarly activities.



BY KATHY KATELLA

When Evelyn “Evy” Anderson ’50 PhD, was working on her dissertation at the University of Surrey, she had no mentors or role models, and there was little to turn to in the way of previous research. She was a pioneer—one of the first to conduct research on nursing in England, which in 1972 was about 15 years behind nursing research in the United States.

“The Royal College of Nursing library had very little nursing research available, and nothing on role theory,” Evy said. “I’d send my family in the States a request for information, and they would send a paper or book to me by boat, which took six weeks. Nurses were way, way behind.”

Now Evy is 82 and a widow living in San Diego with a distinguished background in nursing, teaching, and research. Deeply grateful for the Yale University School of Nursing education that allowed her to launch her career, she is a firm believer in “paying it forward.” In the last two years, the Evelyn Anderson Research Fund has provided YSN with \$10,000 to support scholarly activities such as clinical change projects, dissertation or thesis projects, clinical program or protocol development, international clinical projects, or publishable reports. Evy said, “It is, for me, a way of saying thank you.”

Originally from Long Island, and with a bachelor’s degree in psychology from the University of North Carolina at Chapel Hill, Evy followed her brother, Robert Hamburger, MED ’53, to Yale. Robert later became a professor and then professor emeritus at the University of California at San Diego School of Medicine.

Meanwhile, YSN led to opportunities for Evy. “The master’s degree in nursing at Yale was considered one of the most exciting things in the world,” she said. When she graduated, colleges sought her out for teaching positions. But she found herself on a different path: Evy married Claude Anderson, MED ’53, a medical student and Rhodes scholar who became a physician with the Air Force. They had five children and lived in various locations until Claude was assigned to spend three years as commander of the hospital at England’s Ruislip Air Force Base.

In London, the Royal College of Nursing included Evy as a nonpaid member of a research group taking part in a project called, “The Study of Nursing Care.” The project leader helped her register with the University of Surrey, where she completed her doctorate in 1972. Her dissertation, covering the “Role of the Nurse” from the perspective of doctors, nurses, and patients in general hospitals in London, was published and became, in its time, the most popular research book in England.

When Evy and her family went home to the States, she held professorships at the University of Texas in San Antonio, the University of Florida in Gainesville, and the University of San Diego, where she co-founded a menopause clinic. Nursing research was gaining momentum, and she found opportunities to study topics ranging from prevention of recurrent urinary tract infections to various aspects of menopause.

Evy, who has traveled around the world, admits to physical limitations as she grows older, but she remains active. Now semi-retired, she still teaches courses for the University of Phoenix. Her latest travel plans involved going to Cardiff, Wales, for the Royal College of Nursing’s International Nursing Research Conference in March, where she was invited to participate in a “witness panel” of nurses who were involved in the early days of nursing research. Evy took two of her daughters and two granddaughters to Cardiff, and traveled to Bath, Edinburgh, London, Morecombe Bay, and York.

But lately some of her most joyful moments have involved reading letters from young YSN doctoral students impacted by her donations. One student was studying the lead poisoning in babies living on an island; another, from Germany, wanted to make sure Evy knew how much the money helped her as a foreign student ineligible for many other scholarships. “They tell me a little bit about their research and about themselves,” Evy said. “It gives you a real feeling of closeness, and I know that the money is truly being used for nursing research.”



Evelyn Anderson Research Fund recipients Monica Roosa Ordway ’13, Carol Ann Fackler ’10, and Ulrike Muench ’12, with YSN Associate Dean for Scholarly Affairs Nancy Redeker (2nd from left). The Fund supports students’ clinical and academic research pursuits.



Florence S. Wald (1917-2008)

Florence S. Wald, RN, MN, MS, FAAN, Dean Emerita of Yale University School of Nursing (YSN) and founder of hospice in the United States, passed away November 8, 2008, at her home in Branford, Connecticut. She was 91 years old.

Dean Wald, a member of the National Women's Hall of Fame and an American Academy of Nursing Living Legend, served as the fourth dean of YSN from 1959–1966. She is credited with bringing the hospice movement to the United States from England and establishing the first American hospice unit in Branford in 1971. This hospice became a model for hospice care in the United States and abroad. Her role in reshaping nursing education to focus on patients and their families changed the perception of care for the dying.

"Hospice care for the terminally ill is the end piece of how to care for patients from birth on," Dean Wald wrote. "As more and more people—families of hospice patients and hospice volunteers—are exposed to this new model of how to approach end-of-life care, we are taking what was essentially a hidden scene—death, an unknown, and making it a reality. We are showing people that there are meaningful ways to cope with this very difficult situation."

A world-renowned leader in nursing research, Dean Wald held three degrees from Yale University: Master of Nursing, Master of Science, and Honorary Doctor of Medical Sciences. A 1938 graduate of Mt. Holyoke College, she was awarded the honorary Doctor of Law degree from the University of Bridgeport in 1967, and the honorary Doctor of Humane Letters from Mt. Holyoke College in 1978.

While serving as Dean of YSN, Wald initiated and implemented numerous reforms in educational programs, guiding the School to a new definition of nursing as a scholarly clinical discipline based in specialist nursing practice.

Her most recent work included bringing the hospice model

of compassion and dignity in death to the Connecticut Correctional Facilities. Since its implementation, over 150 inmates have been trained to be hospice volunteers within state correctional facilities. This model is now being translated to the state Veterans' Homes through a grant from the Beatrice Renfield Foundation.

In an interview with the *Journal of the American Medical Association*, Dean Wald explained that the needs of dying prisoners are different because they face death knowing they have not had successful lives. She found that inmates serving as hospice volunteers gained confidence from the situation. "It shows that even in this terrible situation, something good can happen, a sense of possibility emerges," she added.

She received many awards and accolades, including membership in the National Women's Hall of Fame, the American Nurses' Association Hall of Fame, the Connecticut Hall of Fame, an American Academy of Nursing "Living Legend," the YSN Distinguished Alumna/us Award, the Founder's Award of the American Hospice Association, and the first Florence S. Wald Award for Contributions to Nursing Practice of the Connecticut Nurses Association. In November of 2007, the Connecticut Department of Veterans' Affairs dedicated the Florence and Henry Wald House to provide a peaceful temporary home for families of hospice patients.

"We at Yale were privileged to have Florence Wald with us for over 50 years," said YSN Dean Margaret Grey. "In her passing we have lost a dear friend and an extraordinary leader and visionary who put the needs of the underserved as a primary life focus. Though relatively small and quiet in demeanor, her steely determination to change the way care is delivered made her voice strong. At YSN, we will miss her presence, but her legacy will live long in the faculty, staff, and students who learned from her."

Dean Wald was preceded in death by her husband, Henry. She is survived by their children, Joel and Shari, and grandchildren Peter, Adam, Richard, David, and Rachel.

A funeral service was held at Battell Chapel of Yale University. Memorial gifts may be made to Yale University School of Nursing, and directed to the Florence Schorske Wald Scholarship fund, which will aid students who wish to work with the underserved, or to the hospice of your choice.

Helen P. Bryant '33
10/3/2008

Caroline L. Gieges '33
6/5/2008

Nettie I. Lawrence '36
1/9/2009

Mary S. Miller '37
5/14/2008

Kathleen W. Henderson '38
9/1/2007

Marie E. Pearce '38
2/1/2009

Ruth S. Whiting '39
8/24/2008

Florence S. Wald '41
11/8/2008

Margaret M. Schoenknecht '42
7/29/2008

Grace H. Richardson '43
4/20/2001

Evelyn S. Barnes '44
11/21/2008

Priscilla C. Parke '45
8/24/2008

Barbara E. Mathews '46
11/15/2008

Selma B. Hardeman '46
11/8/2008

Penina Raquel Turner '47
11/15/2008

Helen M. Moser '50
7/4/2008

Isabel Field '50
10/6/2008

Frances G. Sawyer '51
7/1/2008

Roxy B. Leiserson '52
7/6/2008

Louise M. Young '57
3/19/2006

Marjorie R. Wright '65
12/16/2008

Carol Garant '73
1/25/2009

Terri Murtland '85
8/17/2008

Kimberly Lee Adamson '95
01/23/2009

Marjorie May Tierney '98
6/24/2008

Louise Lindsay Read '06
11/21/2008

GRANT AWARDS

Ongoing and completed during period 3/1/08–1/31/09

FUNDED RESEARCH

YSN Investigator(s)	Title of Project	Funding Source	Funding Dates	Total Award
Alonzo, A. (PI)	Acute Coronary Syndrome and Care-Seeking Delay (R01HL085328)	NIH/NHLBI	9/1/07-ongoing	\$833,352
Crowley, A. (PI)	Promoting Healthy Nutrition and Physical Activity (R40MCO8727)	HRSA (subcontract with Univ of North Carolina)	9/1/07-ongoing	\$179,641
Crowley, A. (PI)	Health and Safety of Connecticut Early Care and Education Programs	Child Health and Development Institute	1/1/08-ongoing	\$51,370
Dixon, J. (Site PI)	Measuring Self-Management of Type 1 Diabetes in Youth (R01NR08579)	NIH/NINR (subcontract with Univ of Massachusetts)	9/1/05-5/31/08	\$80,506
Funk, M. (PI), Fennie, K., Grey, M., Reynolds, H., Sadler, L.	Reducing Health Disparities by Self & Family Management (P20NR08349)	NIH/NINR	9/30/02-6/30/08	\$1,210,674
Funk, M. (PI)	Associate of the Availability of ST-Map Ischemia Monitoring Software with Nurses' Attitudes, Quality of Care, and Patient Outcomes	Philips Medical Systems	11/1/06-ongoing	\$30,000
Funk, M. (PI), Fennie, K.	Implementation of Practice Standards of ECG Monitoring (R01HL081642)	NIH/NHLBI	5/15/08-ongoing	\$3,873,393
Grey, M. (PI)	The Beatrice Renfield-Yale School of Nursing Clinical Research Initiatives	The Renfield Foundation	3/1/02-8/31/08	\$1,000,000
Grey, M. (PI), Melkus, G.	Preventing Type 2 Diabetes in At-Risk Youth (R01NR08244)	NIH/NINR	9/1/03-5/31/08	\$2,354,827
Grey, M. (PI), Whittemore, R.	Internet CST for Adolescents with Diabetes (R01NR04009)	NIH/NINR	9/17/07-ongoing	\$3,417,079
Knobf, T. (PI)	Cognitive Function in women with Drug or Surgery Induced Menopause	Oncology Nursing Society	10/1/04-ongoing	\$75,000
Knobf, T. (PI)	Professorship of Oncology Nursing	American Cancer Society	7/1/05-ongoing	\$70,000
Knobf, T. (PI), Fennie, K.	Exercise Intervention to Improve Health in Postmenopausal Cancer Survivors (R01CA122658)	NIH/NCI	9/11/07-ongoing	\$2,189,297
Knobf, T. (PI)	Building a Foundation for Health for Breast Cancer Survivors	Lance Armstrong Foundation	11/1/07-ongoing	\$100,452
Knobf, T. (PI)	Cancer Transitions: Moving Beyond Treatment	The Wellness Community	12/1/08-ongoing	\$4,000
McCorkle, R. (PI)	Nursing's Impact on QOL Outcomes in Ovarian Cancer (R01NR07778)	NIH/NINR	8/1/03-5/31/08	\$1,838,906
McCorkle, R. (Site PI)	Automated Telephone Monitoring for Symptom Management (R01CA030724)	NIH/NCI (subcontract with Michigan State Univ)	5/1/03-4/30/08	\$206,656
Pellico, L. (PI)	Looking is Not Seeing and Listening is Not Hearing	National League for Nursing	9/1/08-ongoing	\$7,650
Redeker, N. (PI), Cohen, S., Dixon, J., Funk, M., Grey, M., McCorkle, R., Sadler, L., Whittemore, R.	Center for Self and Family Management of Vulnerable Populations (P30NR08999)	NIH/NINR	9/30/04-ongoing	\$2,593,104
Redeker, N. (PI)	Sleep and Functional Performance in Heart Failure (R01NR008022)	NIH/NINR	7/1/07-ongoing	\$243,895
Reynolds, N. (PI)	Multi-site Collaborative Study for Adherence, Virologic and Clinical Outcome (R01MH078773)	NIH/NIMH (subcontract with UCLA)	6/1/07-5/31/08	\$112,500
Reynolds, N. (PI)	Smoking Cessation and the Natural History of HIV-Associated Emphysema (R01HL090313)	NIH/NHLBI (subcontract with Ohio State Univ)	9/28/07-ongoing	\$109,503
Sadler, L. (PI)	Home Visiting with High Risk Teen Mothers (R21HD048591)	NIH/NICHD	8/1/05-7/31/08	\$373,189
Santacroce, S. (PI), Grey, M.	Managing Uncertainty in Childhood Cancer Survivorship (R21CA016748)	NIH/NCI	9/1/04-8/31/08	\$294,300
Scahill, L. (PI)	RUPP-PI Program at Yale University (U10MH66764)	NIH/NIMH	8/21/02-7/31/08	\$2,640,005
Scahill, L. (Site PI)	Behavior Therapy for Children with Chronic Tic Disorders (R01MH070802)	NIH/NIMH (subcontract with Tourette Syndrome Assoc)	8/5/04-ongoing	\$470,166
Scahill, L. (PI)	Behavior Therapy for Adults with Tourette Syndrome (R01MH069874)	NIH/NIMH	9/22/05-ongoing	\$1,029,750
Scahill, L. (Site PI)	Risperidone and Behavior Therapy in Children with Pervasive Developmental Disorder— Follow-up Evaluation	Autism Speaks (subcontract with Ohio State Univ)	1/1/07-12/31/08	\$17,000

GRANT AWARDS *Continued* Ongoing and completed during period 3/1/08–1/31/09

Scahill, L. (PI)	Toward Better Evaluation of Treatment Outcome in Tourette Syndrome	Tourette Syndrome Association	7/1/08-ongoing	\$61,275
Taylor, J. (PI)	Early Gene-Environment Risks for High Blood Pressure in African-American Children	Robert Wood Johnson	9/1/08-ongoing	\$350,000
Whittemore, R. (PI), Grey, M., Melkus, G.	A Lifestyle Change Program to Prevent Type 2 Diabetes (R34DK070594)	NIH/NIDDK	9/15/05-8/31/08	\$490,500
Zawalich, W. (PI)	Phosphoinositide Hydrolysis and Beta Cell Secretion (R01DK41230)	NIH/NIDDK	7/1/03-4/30/08	\$880,003

ONGOING PILOT STUDIES FUNDED UNDER PARENT AWARDS

YSN Investigator(s)	Title of Project	Funding Source
Allen, N. (PI) (Postdoc)	Changing Physical Activity Behavior Using Problem-Solving Skills and Physiological Feedback in Women with Type 2 Diabetes	Center for Self and Family Management of Vulnerable Populations (P30NR08999)
Andrews, L. (PI), Redeker, N.	Self-Management Intervention for Insomnia in Stable Heart Failure: Protocol Development	Center for Self and Family Management of Vulnerable Populations (P30NR08999)
Guthrie, B. (PI)	Breaking the Cycle: Towards the Development of an Intergenerational Health Promotion Intervention for Adjudicated African-American Women and Their Adolescent Daughters	Center for Self and Family Management of Vulnerable Populations (P30NR08999)
Jaser, S. (PI)	Communication and Coping in Adolescents with Type 1 Diabetes and Their Mothers	Center for Self and Family Management of Vulnerable Populations (P30NR08999)
Wallace, M. (PI)	Development & Feasibility testing of a Web-Based Self-Management Intervention for Older Men Undergoing Active Surveillance [AS] for Prostate Cancer	Center for Self and Family Management of Vulnerable Populations (P30NR08999)

FUNDED TRAINING

YSN Investigator(s)	Title of Project	Funding Source	Funding Dates	Total Award
Cohen, S. (PD)	Nursing Management, Policy and Leadership (D09HP05311)	HRSA/Division of Nursing	7/1/05-6/30/08	\$677,000
Funk, M. (PD)	Yale University School of Nursing Doctoral Program in Nursing (P200A060051)	US Department of Education	8/14/06-ongoing	\$506,688
Reynolds, N. (PD)	Research Training in Self and Family Management (T32NR08346)	NIH/NINR	7/1/08-ongoing	\$1,813,273
Grey, M. (PD)	Professional Nurse Traineeship (A10HP00224)	HRSA/Division of Nursing	7/1/08-ongoing	\$89,005
Guthrie, B. (PD)	Developing Scientists for Careers in Interdisciplinary Health Disparities Research	Josiah Macy Foundation	7/1/07-ongoing	\$560,511
Guthrie, B. (PD)	Robert Wood Johnson Yale Scholars	Robert Wood Johnson Foundation	9/1/08-ongoing	\$80,000
Wallace, M. (PD)	Creating Careers in Geriatric Advanced Practice Nursing College	American Association of Colleges of Nursing	9/1/06-ongoing	\$60,000
Williams, A. (PD)	Connecticut AIDS Education and Training Center	New England AIDS Education and Training Center/ Univ of Massachusetts	7/1/08-ongoing	\$182,496

FUNDED DOCTORAL/POSTDOCTORAL RESEARCH

YSN Investigator(s)	Title of Project	Funding Source	Funding Dates	Total Award
Haozous, E. (Doctoral Student)	Understanding the Cancer Pain Experience in Southwestern Native Americans (DSCN-04-164)	American Cancer Society	8/1/04-7/31/08	\$30,000
Molony, S. (Postdoc)	Claire Fagin Fellowship	Hartford Foundation	7/1/07-ongoing	\$117,900
Novick, G. (Doctoral Student)	Women's Experience of Group Prenatal Care (F31NR009911)	NIH/NINR	9/18/06-ongoing	\$98,496
Van Cleave, J. (Doctoral Student)	Exploration of Symptoms and Functional Status in Older Adults During Cancer Treatment	Hartford Foundation	9/1/06-8/31/08	\$100,000
Williams, A.-I. (Doctoral Student)	Prevalence and Determinants of Mind-body Therapies Use (F31A003535)	NIH/NCCAM	9/1/07-ongoing	\$122,916
Williams, A.-I. (Doctoral Student)	Development and Testing of Determinants of Meditation Practice Inventory	Mind and Life Institute	2/1/08-ongoing	\$15,000
Womack, J. (Doctoral Student)	Contraception & Metabolic Changes in HIV-positive Women (F31NR009886)	NIH/NINR	5/1/06-5/31/08	\$85,232

What Are You Going to Do with Your Considerable Gifts?



Angela Barron McBride '64, PhD, RN, is Distinguished Professor Emerita and Dean Emerita of Indiana University School of Nursing. Her official portrait as university dean emerita was unveiled at a special reception and dinner for the school's entire community on September 12, 2008. The portrait is by Mark Dillman.

Last fall, Dr. McBride was presented with Yale University School of Nursing's highest recognition, the YSN Medal, and welcomed into the YSN Hall of Fame.

In anticipation of my keynote at last fall's YSN alumnae/i reunion, where the theme was leadership, I canvassed a few YSN friends who have been elected to fellowship in the American Academy of Nursing. I was curious to know how their experiences at YSN shaped them as future leaders. Frankly, I was surprised by the similarity of the points made by alumnae/i of multiple generations. They noted that YSN sharpened their professional passion, belief that they could change the system, commitment to social justice and interdisciplinary collaboration, and inventiveness. Essential qualities, I would argue, if leadership is to be exerted.

The fundamentals articulated by those accomplished alumnae/i align nicely with the qualities evident in the current student body highlighted in this issue, proving that the meaning of the YSN experience remains true over time, even as curricula and technology keep changing. This values-oriented constancy masks, however, the extent to which both our profession and our larger society remain uncomfortable equating nursing with creativity and courage. And that's because nursing has been associated historically with woman's work—virtuous, reliable, tender, active, and routine—not considerations of leadership work, such as career, transformation, and daring. Being a part of Yale, YSN has never really bought into such stereotyped thinking.

After all, Yale is in the business of preparing the leaders of tomorrow, and that transforms how you view matters. First, you don't recruit students just to fill workforce needs. Rather, the emphasis is on selecting individuals prepared to make a difference in the field. This view of nursing doesn't presume a nurse is a nurse is a nurse. Instead, you need maximum diversity and ingenuity to address the challenges of providing care in a world where the very meaning of healthy aging is steadily evolving. Look at YSN's student body, and you see the diversity of ethnicity, race, religion, gender, social class, geography, generation, and lifestyle that is necessary to voice and respond to complex problems. Instead of regarding challenge and debate as bad form, you appreciate their use in clarifying the issues so you can formulate a plan of action.

Admitting students who will be leaders in the field means that you go beyond preparing nurses who can pass the licensure exam or obtain certification, to expect that each new cohort will enrich the profession. You expect the faculty have to "keep up" with the students instead of casting them into a set mold. The endpoint isn't just the degree, but helping novice colleagues feel welcome and energized, knowing that when they achieve their potential, the field is elevated in the process.

One of the things I remember fondly about my YSN experience in the 1960s is that the focus wasn't on constantly proving that you were worthy to be in the program. Once accepted as a student, I was repeatedly told in various ways that I had talent, and the challenge was: What would I do with my abilities? How would I make this a better world? How did I plan to shape the field? Interestingly enough, these messages had the effect of making me less self-conscious about whether I was "any good," and made me focus instead on confronting all that needed to be set right. The hesitancy of my youth—"You are only a girl...You are smart for a nurse"—was replaced by a confidence that I could make my mark on the world.

I cannot tell you how important it is to stop ruminating about whether you are any good and instead to be encouraged to think about the difference you will make. When I went on in the 1970s to get my PhD at a Big 10 university, the emphasis shifted back to proving my worth. I was asked by a male professor why a 30-ish woman with two small children would bother to get a doctorate, since I was already too old to do much with it. But by that time I recognized how pernicious it is to be in an environment where the emphasis is on jumping through hoops rather than moving toward something. And for the rest of my career, I have tried to impart the greatest gift of YSN education by asking others: *What are you going to do with your considerable gifts?* No matter how stuck you may feel, there is something about being asked what you are going to do next that makes you aware of your possibilities.

It is only fitting that this issue of *Yale Nursing Matters*, with its focus on students, serve as a reminder that YSN students are making their mark. This issue of *Yale Nurse* reminds us of the connections between and among students and alums, across geography and generations.

Tara Malbasa '06 may have transitioned from student to alumna a short three years ago, but her work with the siblings of children with cancer is already drawing national attention. The "I Am a Yale Nurse" column features her program, born of her class work right here at YSN.

If you missed the Reunion 2008 keynote by Angela McBride '64, you won't want to miss *Truth of the Matter*, page 21. Dr. McBride reminds us that Yale Nurses are bound together by a passion for leadership that remains true over time.

Sadly, this issue remembers a singular force for change. Florence Wald '41, former YSN Dean and the inspiration to many Yale Nurses, will be sorely missed in the halls of YSN and remembered all over the world (page 18).

Yale Nurses are famously devoted to helping others, and that includes helping one another. On page 25, learn how alumnae/i are mentoring YSN students and other alums. Judy Beal '75 is featured here and as the new YUSNAA Board President (page 28).

Alumnae/i support takes many forms here at YSN, including advice to Robert Wood Johnson Scholars (page 15), and financial contributions for scholarships (page 14), made possible by donors such as alumna Evy Anderson (page 17).

Which midwife graduate is teaching in Afghanistan? Which two alums are competing for the Yale Women's Golf Championship? How many alumnae/i live in your area? Peruse the following pages and get up to date on your classmates. And don't forget to send in your news and photos to Elizabeth.Roscher@yale.edu.

Enjoy reading another issue of *Yale Nurse*—it's all about YOU!

Contents

I Am a Yale Nurse 22

YSN Alumnae/i by State 24

Expanding the YSN Community 25

Class News 26

Alumnae/i Board Update 28

YaleNurse

AN ALUMNAE/I PUBLICATION OF YALE UNIVERSITY SCHOOL OF NURSING



Tara Malbasa '06 examines the hand of a 12-year-old cancer patient, recently discharged from the hospital.

DON GERDA

I AM A YALE NURSE

BY KARLA A. KNIGHT '77

Hide, Seek, and Find



In her first nursing skills class at YSN, Tara Walsh Malbasa '06 felt like the only student who didn't know how to take a blood pressure. A history major at Boston College with a thesis about the effect

of the potato famine on the Catholic Church of Ireland, Malbasa was confident in her ability to write long research papers but not in her ability to do the technical aspects of nursing. Malbasa was straight out of college without a "second career" behind her, and the other students seemed much more experienced in health care.

Her blood pressure skills aside, Malbasa knew from the beginning that she wanted to specialize in pediatric oncology. She knew she wanted to combine her desire to work with children and her need to work with individuals with cancer, inspired in part by her mother, a nurse at Sloane-Kettering Cancer Center in New York.

Instead of impatience at not beginning her specialty immediately, Malbasa experienced great fulfillment, soaking up everything that YSN could offer in that first year in the Graduate Entry Prespecialty in Nursing (GEPN) program, and knowing that she would never have another such opportunity. She also worked as a nursing assistant on the general pediatric unit at Yale-New Haven Hospital, an experience she found invaluable as her nursing education progressed.

"What helped me most at YSN were the women and nurse practitioner role models who did amazing things," said Malbasa. One of those pediatric nurse practitioners (PNPs) was Sheila Santacroce, PhD, APRN, associate professor in the PNP specialty at YSN and expert in the field of pediatric oncology. As Malbasa's mentor and advisor, Dr. Santacroce not only provided guidance by arranging Malbasa's weekly clinical practice in pediatric oncology at Hackensack Hospital (NJ), she also advised Malbasa on her thesis about adherence to oral chemotherapy in teens with acute lymphocytic leukemia. Her thesis was published as an article in the *Journal of*

“I will always be grateful to YSN for teaching me that in this profession you are able to do as much as you are willing to work for.” —TARA WALSH MALBASA

Pediatric Oncology Nursing four months after graduating from YSN. “It felt great that my thesis went beyond a purely academic pursuit,” added Malbasa.

With her grounding in evidence-based practice at YSN, Malbasa set off for Cleveland, where she now works with several other PNPs and physicians at Cleveland Clinic Children’s Hospital. A typical day in the pediatric oncology clinic finds Malbasa seeing patients who are in varying stages of treatment, covering the day hospital, and being called to the O.R. to do lumbar punctures with chemotherapy, bone marrow aspirates, and biopsies. Observing that her young patients needed antibiotics more quickly than they were receiving them after their arrival to clinic, Malbasa developed “fever orders” based on the patient’s fever on arrival, blood work, pre-calculated dosages, and the time that it takes to get the antibiotics from the pharmacy. The standing orders have resulted in significant improvement in the speed with which the febrile patients are treated. In October of 2008, Malbasa was asked to present her quality improvement project at the national meeting of the Association of Pediatric Hematology/Oncology Nursing, a professional group for which she is membership chair of the Ohio chapter.

About 50 to 60 percent of Malbasa’s practice involves children with brain tumors. She also provides care for children with leukemia, lymphoma, bone cancer, and other cancers. While she believes it’s good to be an expert in one type of cancer, she wants to be able to care for patients with a broader range of illnesses. She learned at YSN that alongside her desire to specialize early on was an enthusiasm for everything that other fields have to offer.

Children at the clinic range in age from infants to young adults up to age 30. According to Malbasa, young adults who are single have better outcomes in the pediatric clinic than in the adult clinic. They tend to move home to be with their parents who bring them for their appointments and treatments. The younger children are just like any other children in primary care practices, added Malbasa. “Even when they feel bad, kids are the same everywhere and primary care issues are still there.”

Her experiences in Dr. Santacroce’s weekly chronic illness seminar in her third year at YSN led Malbasa to develop a successful Sibling Outreach Program, funded last August by a national organization called Bear Necessities. According to Malbasa, families quite naturally focus on the child with cancer, leaving siblings with little attention during the course of treatment. Siblings worry and often take on caretaking responsibilities that are normally left to adults. Consequently, siblings of children with cancer experience posttraumatic stress at a rate higher than the patients themselves. The Sibling Outreach Program is an effort to address the special needs of siblings.*

It has not taken Malbasa long to discover that Yale connections are everywhere. While a student, Malbasa received a Richard Frisbee III Foundation scholarship for YSN students pursuing an oncology nursing career. Last summer, Malbasa responded to a survey from the Frisbee Foundation following up with former scholarship recipients. Malbasa’s description of her current work struck a chord with foundation chairman Christine Frisbee, who recently authored a collection of accounts of the experiences of siblings of children with cancer and other serious illnesses. Frisbee began the foundation after she lost her son to leukemia in 1989; although her four other children were profoundly affected by his illness, there were no resources or support groups for them to turn to.

At Malbasa’s request, Frisbee was the keynote speaker at the Cleveland Clinic’s first Sibling Outreach Program educational symposium held last fall. While parents listened to Frisbee and other speakers, siblings had an opportunity to share their experiences through a day of play, exercise, and fun. The family feedback about this and other programs for siblings has been outstanding.

Reflecting on her accomplishments since that first nursing skills lab, Malbasa hopes that, through her work, others can see how much it means to be a Yale Nurse. She added, “I will always be grateful to YSN for teaching me that in this profession you are able to do as much as you are willing to work for.”

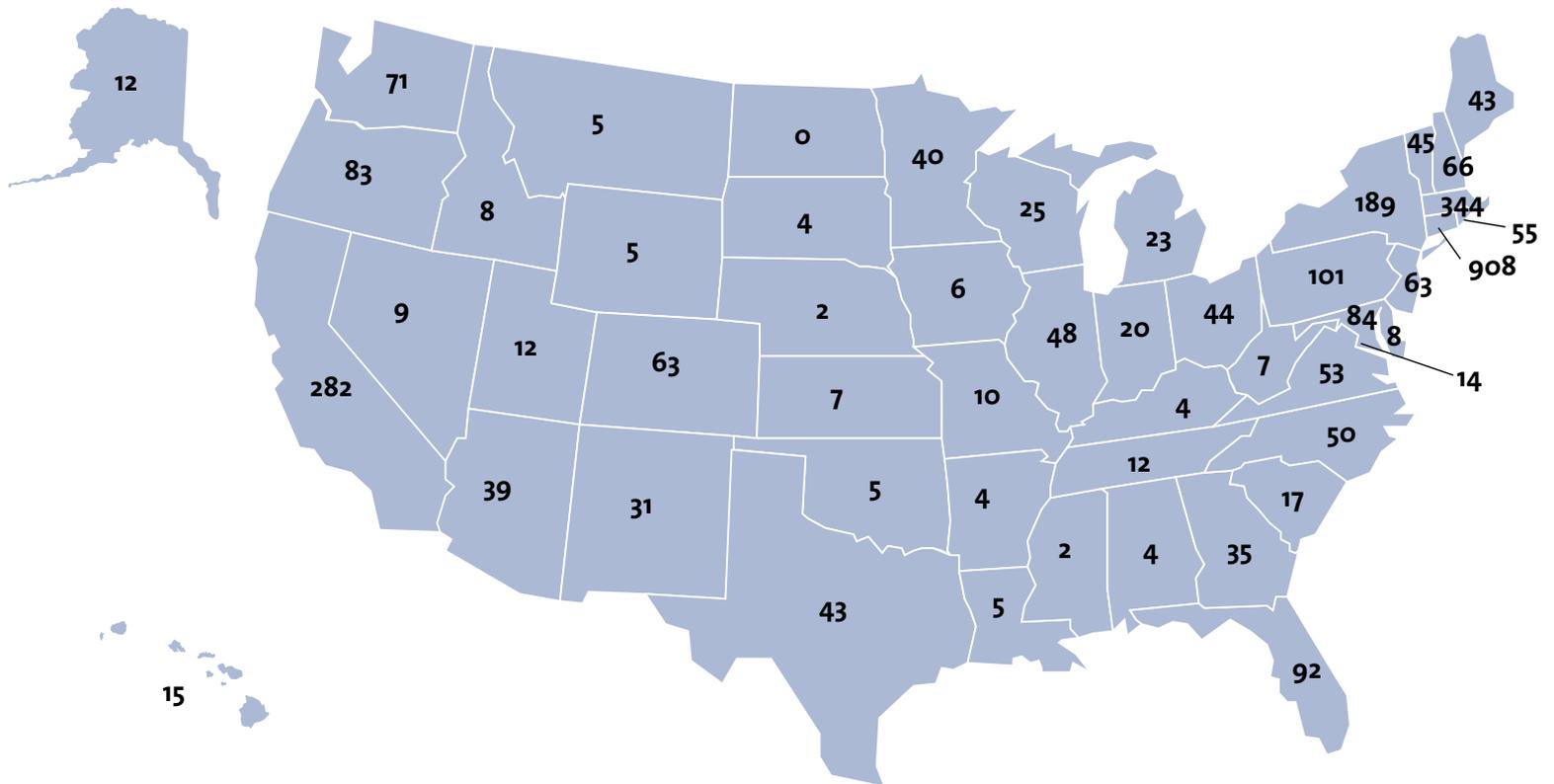
*See http://www.cleveland.com:80/healthfit/index.ssf/2008/12/sibling_outreach_program_at_cl.html



Top: Malbasa discusses her findings with a 15-year-old patient with a brain tumor.

Middle and bottom: Malbasa helps the siblings of cancer patients with their quilt squares Valentine’s Day party.

YSN Alumnae/i by State



NOTE: there are more than 3,400 YSN alumnae/i.

These figures represent alumnae/i whose locations are known, as of January 2009.

Alabama	4	Nebraska	2	Alumnae/i Located in Foreign Countries		
Alaska	12	New Hampshire	66		Canada	26
Arizona	39	New Jersey	63		Taiwan	4
Arkansas	4	New Mexico	31		China	3
California	282	New York	189		England	3
Colorado	63	Nevada	9		Virgin Islands	3
Connecticut	908	North Carolina	50		Australia	2
Delaware	8	North Dakota	0		Puerto Rico	2
District of Columbia	14	Ohio	44		South Korea	2
Florida	92	Oklahoma	5		Thailand	2
Georgia	35	Oregon	83		Costa Rica	1
Hawaii	15	Pennsylvania	101		Germany	1
Idaho	8	Rhode Island	55		Honduras	1
Illinois	48	South Carolina	17		Jamaica	1
Indiana	20	South Dakota	4		Malaysia	1
Iowa	6	Tennessee	12		New Zealand	1
Kansas	7	Texas	43		Nicaragua	1
Kentucky	4	Utah	12		Saudi Arabia	1
Louisiana	5	Vermont	45		South Africa	1
Maine	43	Virginia	53			
Maryland	84	Washington	71			
Massachusetts	344	West Virginia	7		Total Foreign	56
Michigan	23	Wisconsin	25			
Minnesota	40	Wyoming	5			
Mississippi	2					
Missouri	10	Total U.S.	3117			
Montana	5					

Expanding the YSN Community — Paying It Forward

LUC R. PELLETIER '82

This is the first of a series of articles that will explore alumnae/i collaboration with YSN students and graduates to help them reach their career goals.

Sisters Lisa and Christina Tangredi are 2006 YSN graduates who returned as mentors for the YUSNAA-sponsored Speed Mentoring program in April 2007. Based on the popular “speed dating,” students are given an opportunity to mingle with alumnae/i to discuss a range of topics related to career transitions.

By chance, Christina met Dr. Judy Beal, current President of YUSNAA, during Speed Mentoring and found her to be “bright and engaging as she spoke about the evolution of her career...from clinical nurse practitioner, then graduate student, and finally her current position at Simmons College.” Christina introduced herself and told Dr. Beal about her own job and career goals. Lisa was interested in learning about a path towards a PhD and how Dr. Beal viewed nursing academia.

At the time, Christina was very eager to pursue doctoral studies. She had many questions: How do you choose a doctoral program? How do you choose a research focus? What is doctoral study like? How do you shift roles from clinician to researcher? How do you know if academia is a career path that should be pursued? At what point in your career do you go back to school?

As a new graduate, Christina was concerned about obtaining enough clinical experience prior to pursuing doctoral studies. “I wanted to know how Dr. Beal was able to balance career and family life, especially with a demanding position,” said Christina.

Dr. Beal was quite capable at providing guidance, support, and candid advice to both of the Tangredis, since mentoring students and faculty is a huge part of her role as the Chair of the Nursing Program at Simmons. Dr. Beal found mentoring the profession’s newest members very rewarding. “YSN graduates are so bright and have many evocative questions that will challenge the alumnae/i in great ways. It is always good for us as alumnae/i to give back to our alma mater—and to stretch ourselves in new directions,” says Dr. Beal.

Having been both mentor and mentee, Christina absolutely recommends this type of interaction to her YSN colleagues. She believes it not only fosters professional growth, but also facilitates connectedness within the YSN community. She continues, “At YSN, students learn to become leaders in the profession. It is vital to provide guidance to other nursing graduates, especially in the YSN community. This type of collaboration has been invaluable in the start of my career and ongoing growth as a nurse practitioner.” Lisa adds, “It is a nice way to meet up with nursing colleagues to network and share personal experiences.”

Luc R. Pelletier '82, APRN, PMHCNS-BC, FAAN, is a clinical nurse specialist at Sharp Mesa Vista Hospital and core adjunct faculty with National University in San Diego, California.



Top: Barbara McCloskey '00, DNSc '03 (left) talks with current YSN students as part of the 2008 Speed Mentoring event. Middle: Janet Spinner '88 (right) mentors a future nurse-midwife. Bottom: Vanessa Jefferson '98 (left) speaks with students about merging research and practice.

Interact with YSN students and graduates

There are several options for you, as YSN alumnae/i with expertise in many areas of nursing, to interact with YSN students and graduates. These include:

- Participate in YUSNAA Board-sponsored Speed Mentoring held during YSN's Alumnae/i Reunion Weekend
- Attend the annual Alumnae/i Reunion Weekend
- Become a member of the Board of Directors of the YSN Alumnae/i Association
- Access Yale's On-Line Career Network
- Read and contribute to *Yale Nursing Matters* magazine (including *Yale Nurse*)
- Get involved in the Association of Yale Alumni (AYA)
- Access the Yale Alumni On-Line Directory
- Sign up for life-long Yale e-mail

Want to get more involved? Have a story of a successful collaboration with a YSN graduate? Send it to us at elizabeth.roscher@yale.edu!

Class News

Patricia Thomas Becker '56 has been traveling! Last May, she took a trip to Arizona to do some birding, and last November, she went to New Mexico for the annual meeting of the American Academy of Nursing. Patricia was also on hand for the Editorial Board meeting of *Research in Nursing Health*, for which she happily remains an associate editor. Pat sends warm greetings to the YSN community and her fellow 1956 graduates. She still often thinks of Joan Mulligan and Phyllis Freedman Schwartz, and misses them dearly.

Lois Dodd Crum '56 and her husband, Collyer, just celebrated their son Bill's 51st birthday and can't believe how fast time has flown. Lois and Collyer have eight grandchildren, who keep her very busy. They've also done a lot of traveling recently. Last year, they went to London, and from there went on to Geneva, Switzerland. Lois still stays in touch with Planned Parenthood and is eager to help them with their new focus this year, *Why Sexual Health Matters*, and why it matters at all stages of life.

The oldest son of **Gwen Keller '56** and her husband, Jim, recently hit quite a milestone: he turned 50! Gwen and Jim have been keeping busy. Jim recently took a challenging job in the Presbytery working with immigrants to understand their problems, and to promote understanding between them and non-immigrants. Gwen is still singing with the Community Chorus, volunteering at the local hospice, and participating in church activities. Gwen and Jim send their best wishes to the YSN community.

Priscilla Kissick '56 and her husband Bill (MD '57) recently took their first trip to South America, visiting Argentina and Chile. She calls crossing the Andes foothills by water and bus a "once in a lifetime kind of experience." Bill is teaching one class a year to Yale undergraduates, on health policy. Priscilla has finished her term on the YSN Alumnae/i Association Board of Directors and is now representing YSN on the board of the Association of Yale Alumni.

Janet Mance '56 took a 17-day cruise around the islands of New Zealand and Australia with her sister. The highlight was petting a koala bear! Janet is still busy at work, and debating when she should retire.

Mereth Meade '56 and her husband Robert have been traveling all around their home state of Colorado for board meetings of the Colorado Association for Recycling. Mereth's term on the board is nearing its end, and it has been very stimulating. With the Rotary, she continues to be active on the local level in environmental matters.

Gretchen Minners '56 and her husband Howard (MD '57) celebrated their Golden Wedding Anniversary on October 25, 2008. In their 50 years together, they have raised and educated two sons, owned four houses, moved six times (once overseas to Switzerland), gone through seven cars, and owned four dogs. In July of 2008, their two sons, Todd and Brad, and their families joined Gretchen and Howard for their annual family gathering in Bethany Beach, DE.

Sharon Rising '67 was awarded the Civic Ventures' 2008 Purpose Prize. Now in its third year, it is the nation's only large-scale investment in social innovators in their second half of life. Sharon won the prize for "revolutionizing prenatal care through small group sessions" with her CenteringPregnancy model.

Elaine Owen '84 has been working as an oncology nurse practitioner since she graduated from YSN and is employed at the Central Vermont Medical Center. She is a member of the Oncology Nursing Society (ONS) and currently serves as the State Health Policy Liaison to the ONS. In November, Elaine was named the 2008 Nurse of the Year by the Vermont State Nurses' Association. She is very excited to return to YSN in October for her 25th Class Reunion, and hopes to catch up with many of her classmates.

Saraswathi Vedam '85 was awarded an honorary Doctor of Science from her alma mater Amherst College in May 2008. A charter member and chair of the Home Birth Section of the American College of Nurse-Midwives (ACNM) Division of Standards and Practice, Saraswathi developed the national clinical practice guidelines for the provision of home birth services. She is currently the Director of the Division of Midwifery at the University of British Columbia.

Mari Sullivan '88 sends greetings from Kuala Lumpur, Malaysia! Mari has been a Foreign Service Medical Officer since 2000. Prior to that, she worked at the Hall Health Primary Care Center at the University of Washington for 9 years, and before that, she worked at the Moses Lake Community Health Center as a National Public Health Loan Repayment recipient. Mari stayed 18 months beyond her loan repayment term, and considers her years at the Moses Lake Community Health Center her family practice residency.

In October 2008, **Ann Marie LaRocca '89** was appointed Associate Chief Nurse for the Spaulding Rehabilitation Network in Boston, MA. The network includes five facilities: Spaulding Rehabilitation Hospital, Shaughnessy Kaplan Rehabilitation Hospital, the North End Rehabilitation and Nursing Center, the Boston Center, and Clark House.

Diane Osgood Stillman '96 currently lives in Plymouth, MA with her husband, Norm, and her 2 daughters, 9-year-old Emma and 7-year-old Hannah. Diane currently works as a nurse practitioner at PMG Physician Associates, where she treats people in rehab, or who reside in a nursing home.

Since graduating from YSN, **Anne Carr '97** spent a year and a half working as a Home Care NP. For the next 8 years, she worked for Boston University Geriatric Services at Boston Medical Center as co-leader of the Nursing Home program. Recently, she became the founding NP of the Palliative Care Service at Boston Medical Center. She now works doing inpatient palliative care consults with a physician colleague. She loves her role as consultant to house staff, nurses, and, of course, the patients.

After 10 great years of practicing midwifery, **Amanda Skinner '98** decided it was time for a change. She graduated with her MBA from the Yale School of Management in May 2008, left her practice (where she had continued to work full-time while in school), and took the summer off to hang out on Martha's Vineyard with her husband Kalter. In August, Amanda started with a mission-driven health care advisory services firm called The Chartis Group which provides management and strategy consulting to health care organizations. She is sad to have left her patients and amazing colleagues at her former practice, but she's excited for new adventures.

Sharon Eck Birmingham DNSc '99, after graduating from the first DNSc class, is now working in the private sector as the Chief Nurse Executive for AtStaff, Inc. With Dr. John Welton, Sharon just submitted her first R01 to the National Institute of Nursing Research, entitled "Nursing Intensity and Patient Outcomes." Sharon was very excited to share this news with her Doctoral Program Director and mentor, Dean Margaret Grey. In 2009, in collaboration with YSN, Sharon will be consulting for Yale-New Haven Hospital to advance the hospital-based research program.



YSN continues to dominate women's golf at Yale. Last summer, **Marge Funk '84**, the multi-year winner of the Yale Women's Golf Championship, was beaten by fellow YSN alum (and friend) **Mary Bartlett '00**. Marge hopes to be in top form this coming summer for the next Yale Women's Golf Championship, where she plans to reclaim her spot at the top. Beating Marge at golf isn't the only thing that **Mary Bartlett '00** has been up to. Mary and her partner, who had already adopted two girls (pictured), Sincere, 9, and



We're listening!

Have a say in the future of the YSN Alumnae/i Association. Fill out your survey today at <http://nursing.yale.edu/Alum/survey.html>

D'Archer, 6, have since November been pre-adoptive parents to siblings Jeremiah, 4, and Gabriella, 10 months. Mary's life has been very hectic, but she says being a mother is one of the most rewarding experiences of her lifetime.



Robyn Duran '00 and her husband Robert are delighted to announce the arrival of their son Henry Alejandro Duran, born October 12, 2008. Henry was delivered by fellow YSN graduate **Barbara Sellars '79**, CNM. Robyn and Robert continue to enjoy city life in New York. Robyn looks forward to returning to work at Columbia Health Services this spring after several months at home with Henry.



Since graduating, **Matthew Browning '01** has married Phoebe Elisabeth Donehoo. In March 2009, they welcomed Arthur Joseph Browning into their lives. Matthew has also combined nursing and the internet by starting his own innovative company, YourNursesOn.com, which allows hospitals and other agencies to quickly contact and confirm their nurses via 2-way text, email, and phone, and can automatically find other available nurses in the event of an absence.



On October 10, 2008, **Soumya Routray Donohoe '01** married Patrick Donohoe. Soumya and Patrick live in Grayslake, IL, where she works as an oncology nurse practitioner for the Cancer Treatment Centers of America.

Anna Tielsch-Goddard '05 recently took a position at Children's Medical Center in Dallas, TX, and will be working with the Advanced Practice Services on the pre-surgical assessment team. Anna also just published her fifth article in the December '08 issue of *Clinician Reviews*, titled "Clinical Issues of Tattooing."

Lorie Resendes Trainor '05 married Michael Trainor on October 11, 2008, in Fall River, MA. Lorie works as a geriatric nurse practitioner in Hartford, CT, and her husband, Michael, works for ESPN.

After finishing up as National Health Service Corps Scholar at the Hospital of Saint Raphael in New Haven, **Stacia Birdsall '06** is now living in Afghanistan and working as a Midwife Trainer at CURE Hospital in Kabul.

Christina Tangredi '06 has moved to Palm Beach, Florida, where she is working in a private practice with an Otolaryngologist. The new practice just opened up a sleep center, and Christina will be trained to be first assistant in the operating room. She will also be seeing patients and evaluating and following up with patients in the sleep center. Christina loves her new job, and is excited to be part of a brand new practice with a young physician who is open and welcoming to nurse practitioners.

Emily Schlechte '07 had her research praxis project published in the *Journal of Pediatric Health Care* this past September. It is entitled "Supraventricular Tachycardia in the Pediatric Primary Care Setting: Age-related Presentation, Diagnosis, and Management." In January 2009 she was notified that she received the *Journal of Pediatric Health Care* Leah Harrison Award for Excellence in Clinical Writing for 2008. Co-authors are **Nicole Boramanand '99** and **Marge Funk '84**.

After graduating, **Asefeh Faraz '08** moved back to Seattle, Washington, and now works as an FNP at the Community Health Center of Snohomish County in the Greater Seattle area.



Eva Garcia '08, her husband, Martin, and their daughter, Maya, welcomed 7lb 14oz Isabel into their family in January 2009. Isabel was delivered at home. Eva is working as a full scope midwife at Hill Health Center in New Haven.



In early August 2008, **Jess Theorin Holm '08** and Noah Holm moved from Connecticut to Minnesota. On August 23, 2008, Jess and Noah were married at her parents' home in Wisconsin. She landed her first midwifery job with the HealthEast Midwifery Service in St. Paul, MN. The practice is large and serves a diverse group of women at six outpatient clinic sites and two hospitals.



Sarah Kleinman '08, pictured above with her first delivery, is working as a full scope midwife at Harvard Vanguard Medical Associates in Boston. She is delivering babies at Brigham and Women's Hospital, and seeing OB and GYN patients in Quincy, MA. Sarah is also taking a literature and medicine class and making movies for friends on the side.

Julie Murray '08 has been busy since graduating last May. In June 2008, Julie and her husband planned and led a cross-country charity bike ride to benefit impoverished children in Lesotho, Africa. They rode from Anacortes, WA, to Fairfield, CT, with 10 other cyclists, riding for two months and averaging 80 miles a day. They were able to raise \$33,000! After biking, Julie started work in the pediatrics department at Southwest Community Health Center in Bridgeport, CT. In March, she will be traveling to Nicaragua with current YSN PNP and FNP students. In April, Julie and her husband will be running the Paris Marathon.



Meredith Wu '08 married Christopher Abraham in October 2008. Meredith is a full scope midwife practicing at Bellevue Gouverneur in New York, New York.

Dear YSN Alumna/us:



I am writing to introduce myself as the new YSN Alumnae/i Association President. It has been my pleasure to have served as a Director and President-Elect of the YSN Alumnae/i Association (YUSNAA) for the past two years, and I look forward to my new role.

I am a Pediatric Nurse Practitioner graduate of the class of 1975. Upon graduation, I worked for a year at Yale-New Haven Hospital, then moved to New York to teach undergraduate pediatrics at my alma mater, Skidmore College (BSN '73). Two years later, I assumed the role of baccalaureate educator at Boston University while I practiced as a staff nurse at Children's Hospital. In 1983, I came to Simmons to teach research and theory to graduate NP students. In 2000, I assumed the roles of Chair of the Simmons Nursing Program and Associate Dean of the School of Health Sciences. Most recently, I became a Robert Wood Johnson Executive Nurse Fellow.

In 2005, I was honored to receive YSN's Distinguished Alumna Award and became reconnected to the School after many years. As a Board, we are ready to move forward strategically and would benefit from your guidance. We would like to ask you how we can energize the work of the YUSNAA to "bring you back," too.

An electronic survey was sent to all YSN alumnae/i who have provided email addresses. You can access the survey at <http://nursing.yale.edu/Alum/survey.html>, or contact Liz Roscher at 203-737-2137 or elizabeth.roscher@yale.edu.

Please accept our thanks for your time and help. I look forward to meeting many of you during this coming year.

All my best,
Judy A. Beal '75
President, YSN Alumnae/i Association

judy.beal@simmons.edu
617-521-2139

President-Elect

Bethany Golden '03

Immediate Past President

Judith R. Lentz '76

Student Director

Lesley Magnussen '10

Secretary/Treasurer

Peg Cushman '76

Ex-officio

Nina Relin Adams '77

Tracy Weber Tierney '02

Directors

Virginia Brown '50

Ruth Chen '99

Peg Cushman '76

Asefeh Faraz '08

Bernadette Forget '78

Linda Juszczak, DNSc '99

Erin Shawn '03

AYA Delegates

Elizabeth Letts '95

Perry Mahaffy '64

Priscilla Kissick '56

SAVE THE DATE!

YSN ALUMNAE/I REUNION WEEKEND 2009

OCTOBER 2-3, 2009

*Ideas Into Action:
New Visions from Yale Nurses*



All alumnae/i are welcome!

Join our special Reunion Year Classes as they mix and mingle

1934	1949	1964	1979	1994
1939	1954	1969	1984	1999
1944	1959	1974	1989	2004

For more information contact Reunion Co-Chairs
Ruth Chen '99 chenrp@mcmaster.ca or Elizabeth Letts '95 lettsliz@aol.com
Liz Roscher, Elizabeth.Roscher@yale.edu, 203-737-2137

CALL FOR NOMINATIONS

YALE UNIVERSITY SCHOOL OF NURSING

*Distinguished Alumna/us
Award 2009*



Eligibility information and nomination forms available at
<http://nursing.yale.edu/Alum/Distinguished>

For more information, contact Liz Roscher at 203-737-2137
or Elizabeth.Roscher@yale.edu

DEADLINE JUNE 30, 2009



We at Yale University School of Nursing share your commitment to preserving our natural world. YSN is reducing the use of paper products by making greater use of electronic communication whenever possible. We are also proud to announce that, as of the fall 2008 issue, *Yale Nursing Matters* is produced through a Forest Stewardship Council (FSC) certified process. FSC Chain of Custody Certification assures that production of this publication has been documented as environmentally responsible, from forest management to manufacturing and distribution to print production. FSC maintains the forest's biodiversity, productivity, and ecological processes and supports the social concerns of local communities.

Yale SCHOOL OF NURSING

100 Church Street South
Post Office Box 9740
New Haven, Connecticut 06536-0740

NON-PROFIT ORG.
US POSTAGE

PAID
NEW HAVEN, CT
PERMIT NO. 526

