This issue of Yale Nursing Matters covers the events that took place from spring 2010 through fall 2010.
We share your commitment to preserving our natural world. YSN is reducing the use of paper products by making greater use of electronic communication whenever possible. We are also proud to announce that, as of the fall 2008 issue, Yale Nursing Matters is produced through a Forest Stewardship Council (FSC) certified process. FSC Chain of Custody Certification assures that production of this publication has been documented as environmentally responsible, from forest management to manufacturing and distribution to print production. FSC maintains the forest’s biodiversity, productivity, and ecological processes and supports the social concerns of local communities.

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Cover: Children draw self-portraits as part of their health screenings at a clinic run by YSN students and faculty at La Escuelita in Managua, Nicaragua.

Inside Front Cover: A YSN student taking in a typical Managua neighborhood near La Escuelita. See full story on page 7.

matter n. Something that occupies space and can be perceived by one or more senses; a physical body, a physical substance, or the universe as a whole. A subject of concern, feeling, or action. Something printed or otherwise set down in writing. v. To be of importance or value. Signify.
During my first term as dean, the faculty and I made a new commitment to YSN’s international work. With the establishment of the Center for International Nursing Scholarship and Education (CINSE) in 2006, we built on our longtime international partnerships to formally encourage and recognize YSN’s leadership role in the world, enhance our contributions to nursing scholarship, and build and strengthen long-term collaborations with partners in other parts of the world. The Center promotes excellence in all aspects of our international work, with an emphasis on collaborative scholarship and thoughtful examination of the cross-cultural and cross-border dimensions of health care around the globe.

I am very grateful to Ann Williams, Helen Porter Jayne and Martha Prosser Jayne Professor of Nursing and the Director of CINSE, who recently retired from Yale. The Center was Ann’s vision, and her leadership over the past several years made the Center come alive. In these efforts, Ann was assisted by Associate Professor Pat Ryan-Krause, Director of Clinical Education.

Much of the focus of the CINSE over the past several years was in the continued development of sustainable relationships that enhance student experiences and promote faculty scholarship and the establishment of externally funded programs of international health care research. This dual focus ensures that our international activities support our mission of “better health care for all,” allowing mutual respect and interaction around global health concerns such as obesity, diabetes, and HIV/AIDS. Importantly, these foci also help to ensure that our students are prepared to practice in the world, not just in the United States.

Our efforts at YSN coincide with the leadership of President Richard Levin and Vice President and Secretary Linda Lorimer to transform Yale into a global university. Secretary Lorimer’s “Truth of the Matter” piece (page 18) puts our work in the context of Yale’s efforts. Through the work of the Center and the efforts of our faculty and students, YSN will continue to be a major player in Yale’s leadership and service in our interdependent world.

This issue of *Yale Nursing Matters* takes you inside some of the specific partnerships YSN has established. There are long-term collaborations that continue to grow and strengthen in China, New Zealand, and Hong Kong, while we build newer foundations in India, Nicaragua, and the Dominican Republic. Our commitment is to focus on these sites so that we may build strong and deep connections with the scholars, leaders, and people of these countries. The world has always needed Yale nurses, and increasingly they meet the needs of people around the globe.

I hope you will join us in the exciting, groundbreaking, and necessary work taking place. Please contact me if you are interested in joining us to bring better health care to all people.

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Margaret Grey, DrPH, RN, FAAN
Dean and Annie Goodrich Professor
Margaret Moss Appointed NMPL Specialty Director

Margaret P. Moss was recently appointed Associate Professor and Specialty Director of the Nursing Management, Policy, and Leadership program at YSN. Dr. Moss has researched, presented extensively, and written on the subject of American Indians, aging, and policy. In 2008–09, she was named a Robert Wood Johnson Health Policy Fellow and staffed the Senate Special Committee on Aging. A Fellow of the American Academy of Nursing, Dr. Moss was one of 19 delegates for the National Congress of American Indians at the 2005 White House Conference on Aging, was Secretary for the National Interfaith Council on Aging, and is a co-convener of the Expert Panel on Aging for the American Academy of Nursing.

Research Video Features Cast from Local High Schools

YSN has created a new online obesity prevention program to be implemented in New Haven high schools this fall. The site incorporates video vignettes of teen challenges to healthy eating and physical activity. YSN investigators Dean Margaret Grey and Dr. Robin Whittemore have been funded by NIH to develop and test the innovative program. See more on page 36.

Creative Writing Awards Feature Author and Actor Chris Lemmon

YSN hosted the seventh annual Creative Writing Awards on April 29 at the New Haven Lawn Club with more than 160 guests. Shown at the reception are (l-r) Dean Margaret Grey; award winners Tanya Theriault ’12, Ayelet Amittay ’10, and Amanda Reilly ’11; organizer Assistant Professor Linda Pellico; and the featured speaker, actor and author Chris Lemmon.
Students Brighten Neighborhood with Mural

Students from YSN’s Healthy Neighbors Project worked with local artist Ian Applegate and neighborhood children to design and create a mural, which was hung in the courtyard of the nearby Church Street South apartments. Healthy Neighbors also runs health education events, tutoring, and other beautification projects in the community.

Congresswoman Lois Capps Calls on Nurses as Advocates

Six-term U.S. Congresswoman from California Lois Capps delivered the annual Sybil Palmer Bellos lecture at YSN on April 19. Her speech was entitled, “Nurses Make the Best Advocates,” drawing on her own 20-year tenure as a school nurse and health advocate. In 2003, Rep. Capps founded the House Nursing Caucus, and she said the group gained great influence during the recent health care debates. She challenged the audience to ask, “What kind of health care system do I want to be a part of?”

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Christina Yon ’11 Awarded for Community Service

In conjunction with the Bellos lecture, student Christina Yon ’11 received the 2010 YSN Community Service Award. Dean Margaret Grey presented the award, stating, “She is not only involved in the community, but she is able to persuade others to become involved as well.”

Students from YSN’s Healthy Neighbors Project worked with local artist Ian Applegate and neighborhood children to design and create a mural, which was hung in the courtyard of the nearby Church Street South apartments. Healthy Neighbors also runs health education events, tutoring, and other beautification projects in the community.

ALISON MORIARTY DALEY ’84 MSN, APRN, PNP-BC, Associate Professor, was honored with a Seton Elm-Ivy Award in a ceremony presided over by Yale President Richard Levin and New Haven Mayor John DeStefano. Professor Moriarty Daley is a Pediatric Nurse Practitioner and tireless advocate for New Haven teens.

HOLLY POWELL KENNEDY, CNM, PHD, FACNM, FAAN, Helen Yamey Professor of Midwifery, was inducted as President of the American College of Nurse-Midwives (ACNM) on June 15 as part of ACNM’s annual meeting in Washington, DC. Dr. Kennedy is an internationally known midwifery researcher and leader.

NANCY REDEKER, PHD, RN, FAHA, FAAN, Professor and Associate Dean for Scholarly Affairs, became President of Eastern Nursing Research Society (ENRS) this spring, and will serve a term of two years. One of Dr. Redeker’s major goals for the organization is to “promote nursing research by providing increased opportunities for nurses, especially students and junior faculty, and to obtain training and develop collaborations.”

JOHN DEVEREAUX THOMPSON, RN, MS, was named to the American Nurses Association Hall of Fame. Thompson, who passed away in 1992, was a professor at Yale’s Schools of Nursing, Medicine, and Public Health. Thompson had a legendary love of data. He dedicated his career to improving hospital quality of care and management, and his research led to today’s Medicare payment system.

Two YSN faculty members were awarded the 2010 Nightingale Award for Nursing Excellence in Connecticut by the VNA of South Central Connecticut.

Ivy Alexander, PhD, APRN, ANP-BC, FAAN, is Associate Professor and Director of the Adult, Family, Gerontological, and Women’s Health Primary Care Specialty.

Nancy Banasiak ’98, MSN, PNP, APRN-BC, is an Associate Professor with expertise in primary care of urban children with asthma.
Yale nurses are passionate, engaged, and deeply committed to the health of all. We have never allowed boundaries—social, geographic, or political—to limit our work or our vision. Our oldest international partnership, with Xiangya School of Nursing, in Hunan, China, actually predates YSN’s birth. Founded in 1903 by Yale graduates, Xiangya (pronounced “she ang ya”) and its three affiliated hospitals thrive today, as does the vibrant and dynamic collaboration in nursing education and scholarship between YSN and Xiangya.

Yale nursing students and faculty come to us from all over the globe, returning to work in places as scattered as Asia, sub-Saharan Africa, and Central and South America. When we established the Yale Center for International Nursing Scholarship and Education in July 2006, we were not launching a completely new mission, but rather building upon our eight decades of experience, seeking to strengthen and expand our international partnerships.

Our emphasis, always, is on collaboration and sustainability. In education, we aim to provide our graduates with the global perspective they need to be leaders at home and abroad. In scholarship, we aim to be responsive to emerging global health challenges. We seek to build relationships with international colleagues, identifying mutual problems, and collaborating to design solutions.

Today’s world is an interdependent community. Health risks that span the continents range from infectious diseases that cross borders with lightning speed to the globalization of fast food and tobacco products and the associated rises in obesity, hypertension, and cardiac disease.

In the years to come, Yale nurses will continue to practice and lead in an immense variety of situations, from the high-tech corridors of the northeastern United States to impoverished shantytown clinics close to home and far away. For these women and men, who are passionate about their work, adventuresome, and curious, the continuing opportunity to collaborate with colleagues in other countries and cultures is one of the great benefits of being a Yale nurse.
Impressions

Children Draw a Portrait of Life in Nicaragua

BY JOHN POWERS

During their annual clinical trips to Managua, Nicaragua, Yale University School of Nursing faculty and students encounter dozens of energetic young children at La Escuelita, or the “Little School.” During the inaugural trip in March 2007, YSN Associate Professor Pat Ryan-Krause, Director of Clinical Education and Interim Director of YSN’s Center for International Nursing Scholarship and Education, set out paper and crayons to occupy children while waiting for their health screenings.

“For many children at La Escuelita, drawing with crayons on blank paper was a totally new experience. Their previous experience had only been with standard coloring books,” Ryan-Krause noted. “Drawing is an excellent way to make children comfortable and to lessen language barriers that may exist between child and clinician.”

This drawing activity has continued with each year’s visit, and now hundreds of pictures have been collected. Ryan-Krause began taking a closer look at these simple sketches. Using indicators established by psychiatrist and author Elizabeth Koppitz in 1968, she analyzed the drawings for a variety of developmental factors. This analysis gives clues about the child’s development beyond what is learned from the routine patient history and physical exam. Many developmental characteristics can be observed while the child is in the act of drawing, including attention to directions, level of detail, fine motor skills, visual perception, and even printing of their name.

Children’s drawings may also indicate their emotional states, such as happiness, sadness, anger, or fear, although no diagnoses of mental health issues are ever established by this one activity. “We found that a number of young adolescents drew slanted and simple stick figures. Research suggests that the reversion to less detail and more angled figures may indicate insecurity and lack of stability both physically and emotionally,” Ryan-Krause stated. “We wondered if youth in this age group are experiencing some stress as they approach the end of their years at La Escuelita and an uncertain future in the poorest neighborhood of Managua.”
Since assessments of drawings may provide additional insight into the life and development of each youngster, ideally results are shared with the child’s teacher in order to gain a fuller understanding. Some issues that might be discussed with the teachers include significantly delayed development or concerns about the child’s mental health.

This interest in children’s drawings grew out of Ryan-Krause’s many years as a pediatric primary care nurse practitioner. “I routinely have all the four-year-olds in my Connecticut practice draw a picture of themselves as part of their school readiness assessment,” she said. “When they visit again as five-year-olds, most children are amazed at how much better they draw and how many more details are included in their pictures. I find that drawing with both Nicaraguan children and U.S. children is a terrific way to establish a trusting relationship.”

Ryan-Krause has compared pictures drawn by Nicaraguan children with the artwork of children of the same age in the United States, and she found that many motifs were very similar in both groups of children. For instance, young girls often draw butterflies, sunshine, rainbows, and figures with long hair and large smiles. Similarly, both groups of boys often draw cars, action figures, and outdoor scenes.

“It was surprising to see Nicaraguan children draw homes with peaked roofs and flowers when they all live in flat roofed, attached houses with few opportunities for gardens,” Ryan-Krause recalled.

Nicaragua is the second-poorest country in the Western Hemisphere (second only to Haiti). Yet, public schools in this Central American nation require tuition and uniforms for students, which often excludes poor children. La Escuelita was organized by local families and church members in 1996 to educate children in a very poor neighborhood in the Oriental Market district of Managua.

In addition to facing barriers to education, these children have very limited access to health care. The YSN delegation provides comprehensive annual health assessments, including medical and family histories, nutritional assessments, vision screenings, and complete physical examinations. YSN students and faculty educate teachers and parents about prevention and health promotion. When health issues are diagnosed, the delegation arranges follow-up with local medical providers so that care will continue.

“The analysis of children’s drawings is one small aspect of the entire program, but one which contributes to a deeper
or ‘draw your family.’ Scoring will be based on Kopitz’s book, Human Figure Drawing, and its listed developmental and emotional indicators.

During future studying of the drawings, Ryan-Krause will attempt to answer several questions that have arisen, including:

- Why do young adolescents revert to less detailed patterns of drawing?
- Is there a dose effect? Does more time at La Escuelita contribute to greater development, as evidenced by more detailed art?
- Is there a relationship between emotional indicators and an experience of violence in the family or neighborhood?

The experience at La Escuelita represents the beginning of YSN’s efforts to better understand children in other countries through their drawings, and understanding of the families we serve and the culture in which they live,” commented Ryan-Krause.

In future visits to La Escuelita, Ryan-Krause hopes to create more structure and uniformity in the drawing sessions to minimize variables such as copying from one another and getting help from parents.

“The school is very busy and the children very excited during the health clinic,” she added. “We will set up a quiet space for each child to draw, provide pencils and letter-sized white paper, and give specific directions to all youngsters, such as ‘draw yourself’ or ‘draw your family.’”

Ryan-Krause encourages young children with their drawings at La Escuelita in Managua.

future plans are developing. Using available cross-cultural research, Ryan-Krause hopes to expand the study of child figure drawings to other countries where she has developed contacts and hopes to do cross-cultural work in countries like the Dominican Republic and South Africa.

“This research into the drawings of young children is a valuable tool in understanding their development in different settings and cultures,” Ryan-Krause concluded. “It will be fascinating to compare developmental and emotional states through cross-cultural study of human figure drawings.”
Empowering Nurses in India

India is on the verge of a major evolution in both nursing education and care for people with HIV/AIDS through a unique partnership among the government of India, the William J. Clinton Foundation, and Yale University School of Nursing. This alliance is constructing a new school called the Indian Institute for Advanced Nursing (IIAN) to educate postgraduate nurses with specialized training in HIV prevention and care.

In 2006, when former President Bill Clinton was visiting India, the government requested assistance with developing and implementing a plan to train nurses in the care of people infected with HIV and approached the foundation for help with creating a new in-service curriculum. The foundation had already been working in India, helping to negotiate the prices of antiretroviral drugs for HIV patients throughout the developing world, since most of the generic pharmaceuticals are actually produced there.

The Clinton Foundation went to work with the Indian Nursing Council, a governmental organization, to create a one-week training course for hospital-based nurses working with HIV patients. The curriculum has since been used to teach thousands of nurses. “It covers all relevant topics, from pharmaceuticals to preventative education, but as you can imagine, in five days, it is more of an overview,” explained Anne Sliney, RN, ACRN, Chief Nursing Officer for the Clinton Foundation.

Sliney recalled that Sujatha Rao, then the Director General of India’s National AIDS Control Organization (NACO) and now Secretary for Health and Family Welfare, declared that what the country really needed was a center of excellence in HIV, directed at nurses. Such an institution has never before existed in the world. NACO asked the Clinton Foundation to reach out to world-class university-based nursing programs to partner in the curriculum development. They talked to YSN because of the school’s long-term involvement with HIV in China, and in the end, Yale was chosen.

For India, HIV is at a point of crisis. As of 2007, India had 2.4 million people living with HIV, making it the world’s third largest HIV population, after South Africa and Nigeria. The government is scaling up its capacity to deal with AIDS because of a serious gap in health care resources, including the number of available physicians.
develop a curriculum,” Reynolds recalled. “But we asked, how do we make this program sustainable?”

Their work began with a week-long visit to India to assess the state of nursing care, conduct interviews, and gather expert opinions. In collaboration with Indian nursing leaders and educators, Reynolds and Alonzo identified the types of curriculum needed, and then developed that academic program. They also made recommendations for the building design and facilities, administrative structure, and financial plan.

Throughout the school’s development, Reynolds has been helping to direct this massive undertaking at all levels—from ensuring the highest standards of education to securing housing for the first class of incoming students. “This is an opportunity to rewrite the role of nurses,” Reynolds said. “We are developing an advanced practice role, which hasn’t existed in India.”

Most important, the partners have engaged India’s physician associations, private health care companies, and authorities at the highest levels of government to change health care law, expanding the role, power, and autonomy of nurses. These long-term partnerships may lead to policy changes regarding nurses’ roles, allocation of financial resources, and to framing of new regulations. Educating the public about these changes will also be important, so that patients trust nurses in their new role as primary care providers.

“In India, nurses frequently function as clerks; although they are prepared to perform at a higher level, they check people in and out, take measurements, and hand out medications,” Alonzo explained. “In order to expand the number of health care providers in HIV, we need nurses to be actively involved.”

Meanwhile, the country has extremely overburdened HIV clinics. Health clinics in urban areas are overwhelmed with patients, and doctors can spend only a moment with each.
In the summer of 2009, Rose Nanyonga Clarke, a Yale PhD student in nursing, retraced a 32-mile journey on foot that she had made 20 years before at age 17, when she was disowned by her family and scorned by her village in Uganda for refusing to participate in witchcraft. That first walk was lonely and frightening. She had no company and few options. As she headed from her home village to the remote village of Kiwoko, her only hope was that an Irish couple starting a hospital there might offer her some way to support herself. “I felt like I was walking toward nothing,” said Nanyonga Clarke.

Her trek in July 2009 was dramatically different. Supported by sponsors in the United States, the United Kingdom, and Africa, Nanyonga Clarke—now the adopted daughter of the Irish couple—made the ten-hour walk from Bamunanika to Kiwoko accompanied by 70 other people. The trip had three goals: to create a scholarship fund for future Ugandan nurses, to raise funds for the International Hospital Kampala’s charity wing (Hope Ward), and to raise awareness about child sacrifice, a practice so entwined with witchcraft that it led her to renounce her family’s spiritual traditions two decades earlier. Nanyonga Clarke will walk again in July 2011 to raise additional funds.

She was also interviewed by BBC News. Watch her first-person account at http://nursing.yale.edu/News/Features/bbc.html.
Partnering to Advance Nursing in Hong Kong

BY ZOE KELLER

Four years ago, Yale University School of Nursing Dean and Professor Margaret Grey, DrPH, RN, FAAN, traveled to Hong Kong with Professor Ann Williams, EdD, RNC, FAAN, Director of the Center for International Nursing Scholarship and Education. Williams has a longstanding relationship with health care providers in China working on the prevention and treatment of AIDS, and she works with the Yale-China Association, an independent nonprofit with a century-long tradition of connecting YSN graduates with China.

Dean Grey and Williams were invited to the campus of Hong Kong Polytechnic University (HKPU) and, while there, they were surprised to participate in the announcement that Hong Kong Sanatorium and Hospital (HKSH) was providing financial support to HKPU to begin the first master’s entry program in nursing in Hong Kong. HKSH is a large and prestigious privately owned hospital. The impetus for the new program came from the head of HKSH, Dr. Walton Li Wai Tat, Medical Superintendent and Chairman of the Board.

“Dr. Li wanted his hospital’s nurses to be the best in Hong Kong,” Dean Grey explained. “He chose to partner with HKPU to bring the ‘best and the brightest’ into the field of nursing, as YSN does” with its Graduate Entry Prespecialty in Nursing (GEPN) program, intended for students who have earned their bachelor’s degree but who have no nursing background. “HKPU’s Department of Nursing is unique because of its focus on technological innovation and practice, and this partnership aims at providing the best clinical learning environment in Hong Kong,” Dean Grey said.

The partnership with YSN came about through the connections fostered by Maria Fang, a member of YSN’s External Advisory Board. Maria, who lives in Hong Kong and San Francisco, knew of Dr. Li and his interest in enhancing nursing care at HKSH. Dr. Li explained that he wanted to develop his nursing staff, so Fang put him in contact with Dean Grey. Dr. Li flew from Hong Kong, and Fang from San Francisco, and met with Dean Grey at Yale, where the three almost immediately began a partnership among the hospital, HKPU, and YSN. The initial collaboration involved consultations with the Chief Nurse at HKSH, Man Bo Man Lin, to provide in-depth education in key fields, such as oncology and cardiovascular disease, for the nursing staff. YSN faculty went to HKSH for week-long visits, and Ms. Lin visited YSN several times as well. One of these visits led to HKSH being selected as a site for Professor Marjorie Funk’s study of ECG monitoring.

“This was a strong collaboration, and the timing was perfect,” Fang explained. “Each partner came with its own talents, and the motivation was there.” The academic program is conducted through HKPU, while the hospital has state-of-the-art facilities for the clinical work. The school has seen its first graduates, who are now sought after for HKSH and for the nation’s government-run hospitals.
In the meantime, Dean Grey has returned to HKPU to consult on faculty research and to serve on their external review committee. The school is developing its programs of nursing research, a novel idea in Hong Kong. “They do excellent research, but their work lacked synergy,” she explained. Among the various groups conducting investigations, there was overlap and a need for an overall vision. “I encouraged them to think conceptually about research themes, and to strategize when hiring new faculty,” Dean Grey added. “When recruiting researchers, will those individuals help grow a new area of the science or extend existing lines of work?”

The external review committee, including Dean Grey, finalized an evaluation last summer, and she said they found that “the school is doing great research and attracting bright young faculty.”

In conversations during the review, it became clear that the HKPU faculty could use consultation about working with the adult learners in the MS entry program. Thus, HKPU leaders sought guidance from the Director of the GEPN program at YSN, Assistant Professor Linda Honan Pellico, PhD, APRN. Regarding the graduate entry model, Pellico said, “I want to make the most effective use of the students’ time. I’m preparing them so that when the GEPNs start year two, they can stand toe to toe with an experienced registered nurse with five years’ experience.”

YSN’s GEPN program was introduced in 1974, when Donna Diers, PhD, RN, FAAN, was dean. In creating the GEPN model, the faculty decided not only to accelerate the plan of study but also to prepare graduates for a specialty, making YSN the first school in the country to do so. This would combine the best of YSN’s MN program, which had closed in 1959, and the then-current graduate-level specialty offerings. Working backwards from that end goal, they asked, what forms the basis for a graduate with each specific specialty? “It’s not just about condensing 12 weeks of class into six weeks; it’s a totally different approach,” Pellico explained. “These students are adults who have different needs than a 17-year-old entering a traditional program. We go beyond what you can read on your own and spend a lot of time talking about interrelationships and saying, ‘It depends.’”

HKPU wanted to add to its traditional bachelor’s degree program by teaching people who already had a bachelor’s or a previous master’s. Pellico was invited to spend three days in Hong Kong delivering lectures about YSN’s GEPN approach to faculty and students. She explained that her approach is to break down complex processes into simple terms and then “build it back up so that students can understand sophisticated ideas.” She emphasized the complexity of nursing, going beyond an expertise in science to also include an ability to reflect, adjust, and grow. “Nursing is all about uniqueness. It’s about instability,” Pellico remarked. “No patient presents the same way; every patient is different. So how do you live in a world of algorithms?”

Pellico spoke to the faculty and students of HKPU in her typically animated style, presenting her own approach to teaching with interactive exercises involving art and music, balloons, and M&Ms. “The students enjoyed it, but the faculty were surprised,” Pellico said. “Even though the faculty can reason that the process will be different for this new group, they don’t anticipate how different it will be.”
Traditional Chinese Medicine in Hong Kong

Each year, a group of YSN students travels to Hong Kong to immerse themselves in the ancient practice of Traditional Chinese Medicine (TCM). Led by Professor Patricia Jackson Allen, MS, RN, PNP, FAAN, Director of YSN’s Pediatric Nurse Practitioner Specialty, these students spend ten days learning alternatives to Western medicine. Students compete for a spot on the journey, which takes place each year during spring break.

“Most enter with an interest in complementary therapies for their future practice,” Jackson Allen said. “For example, midwifery students are interested in pressure points for controlling nausea, which have well-known evidence.”

For all of the students, the class opens their eyes to other approaches to medicine. “TCM is structured around concepts of organ function that are 2,000 years old and don’t correspond to our modern knowledge of physiology, making it difficult for our students to accept,” Jackson Allen explained. “However, this is a wonderful opportunity for us to integrate our understanding of health care with another view.”

“Spending a week immersed in the culture and philosophy was an entirely different experience than simply reading about it in a book,” one student reflected. “It was impressive to view firsthand the strong belief in TCM, both among practitioners and among patients.”

In China, TCM and Western medicine coexist harmoniously. Jackson Allen recalled, “There are very few facilities in Hong Kong that would not use both.” Kwong Wah Hospital truly integrates Western and traditional Chinese medicines, through practices such as using acupuncture to abate the side effects of modern oncology treatments. The two systems are separate within the hospital, but both are integrated in their computer records so that providers are aware of all treatments.

Understanding herbal medicine is especially important, as the remedies can have the same medicinal qualities as Western pharmaceuticals, and, as Jackson Allen said, “herbal pharmacies are on every corner, as are Western pharmacies.”

The class is part of an ongoing collaboration between the YSN and Hong Kong Polytechnic University School of Nursing (HKPU) (read more on page 13). Students also visit Hong Kong Sanatorium and Hospital, which is purely Western in its approach, and Kwong Wah Hospital’s TCM Clinic. Students participate in nursing education courses and care delivery, and interact with TCM providers, nurses, and nursing faculty.

TCM IMMERSION LECTURE TOPICS INCLUDE:
Philosophical basis of Traditional Chinese Medicine (TCM)
Meridians
Principles for better health and longevity
Acupuncture
Diagnostic skills
Cupping and moxibustion
Treatment principles
Integrative Health Clinic
Herbal Dispensary
The human body structure of TCM
Medicinal food therapy

Kwong Wah Hospital practices Traditional Chinese Medicine but integrates care with another hospital where Western medicine is practiced. YSN students, led by Professor Patricia Jackson Allen, see how the computerized hospital records allow the two hospitals to coordinate care for their shared patients.
Your first glance at New Zealand is usually from 28,000 feet as your plane descends into Auckland. What probably strikes you first (and, you will discover, last) is how impossibly beautiful the country is. From the air, white beaches split the lapis water from the emerald land. If you’re lucky enough to be able to fly down the North Island to Wellington, you are completely gobsmacked (a useful expression Down Under) by the tidy fields marked off with trees, the sheep that look like white ants from above, and mountains with their heads in the clouds. And if you’re truly fortunate to travel to the South Island, the unspoiled mountains and beaches, orchards, wineries, and flowers are breathtaking.

New Zealanders joke that there are more sheep in their country than people. New Zealand has about the same population as Connecticut. But the land mass in its two islands is the size of Colorado. It’s a new country, geologically and socially. There are still active volcanoes. The first humans came to the islands only in the 1300s. New Zealand sits on the intersection of two tectonic plates; the capital, Wellington, rests on the fault line. The capital building is built on rubber discs to sway with the land. The first settlers were birds, and having no natural enemies, many evolved as flightless: the dodo, the emu, the ostrich, and the national bird, the kiwi.

The country has the feel islands always do—fragile, delicate, and “we’re all in this together.” And it also feels quiet and gentle, peaceful and simple. The first three adjectives would be accurate.

In September 2010, YSN was visited by Jenny Carryer of Massey University in Palmerston North, New Zealand. The visit was the result of a number of slender threads that stitched together a relationship between YSN and her country.

I went to New Zealand for the first time as part of a Diagnosis Related Groups (DRG) workshop in the mid-1990s when the country was going through a blitzkrieg health reform process. The nurses I met were poleaxed: the Employments Contract Act (1991) had destroyed the strength and power of their union, and all disciplinary nursing management from head nurses to above in hospitals has been replaced by “generic managers” who could have (and did) come from telecommunications or the brewing industry. But the work that led to international collaboration started in 2000 when I was a visiting professor in Australia. One of the doctoral students I met then was Frances Hughes, then the Chief Nursing Advisor to the Minister of Health (read: Chief Nurse) of New Zealand. She invited me to come over to New Zealand (“over” is 3.5 hours of flying from Sydney) to do a presentation on the data-mining work I was building here and in Oz. Frances hosted a dinner at which I met some of her colleagues and Anita Pidd, the head of the New Zealand Health Information Systems (NZHIS). I was in heaven with people in nursing, policy, and information systems, and in a policy context that was fascinating and more terrible than what we were then doing in the United States with “reengineering” in hospitals.
And I had a thought.

Would it be possible to mount a study that could explore in the NZHIS administrative data what the effects of health reform had been on patients? I knew from Frances that NZHIS also maintains (but does not collect) data on nurses submitted as part of their annual recertification process.

This thought turned into Barbara McCloskey’s doctoral dissertation, and she too visited New Zealand. Barbara graduated in 2003, and the article she wrote about her study started a trail of research that continues, and was part of the subject of Professor Carryer’s visit to YSN. We have replicated and extended the study with several more years’ worth of data and a new analytic strategy. What we found was that the New Zealand health reforms had had catastrophic effects on nursing because nurses left hospitals. Their leaving, in turn, had significant effects on hospital patients in the form of eleven adverse outcomes that we measured through the medical records coded data.

Frances Hughes continued her doctoral studies with former YSN professor Sally Cohen as an international advisor, and I helped out as well. Frances visited the United States as a Harkness Fellow, arriving on September 11, 2001. She volunteered as a mental health nurse in downtown Manhattan and went on television to explain that awful day to her country (and her worried family). She visited YSN many times during her Harkness fellowship, teaching us about the role of policy in practice and the special circumstances of a Chief Nurse.

And now back to our recent visit from Jenny Carryer, Professor at Massey University, where she is particularly involved with supervising doctoral students’ dissertations. She invited me twice to be the visiting scholar in their semianual Doctoral Schools. But Jenny is most well known for her role in creating and then becoming the Executive Director of the New Zealand College of Nursing Aoteoroa (Aoteoroa means “land of the long white cloud,” the Maori name for the country).

We have no equivalent to the College in the United States. The membership organization shares power completely between the indigenous people—the Maori—and the Pakeha, or the European descendants. It is part honor society, part advocacy organization, part continuing education provider. It has its own peer-reviewed journal. Jenny has been involved in some of the trickiest policy negotiations in her country, especially about nurse practitioners and about nursing resources in the Ministry of Health itself.

For several years, Jenny arranged for the community health experiences of YSN GEPN students in New Zealand, creating memories they have taken with them wherever they go.

These threads brought me back to New Zealand several times for workshops on policy that the College sponsored, and to the continuation and expansion of the research discussed above.

One of the research expansions has entered the realm of health disparities between the Maori and Pakeha. Professor Carryer and I have worked with Professor Denise Wilson, now at Auckland University of Technology, to see whether the health reforms had different patterns of adverse health outcomes on Maori. That work is moving into publication.

But before that work was even done, one of YSN’s Nursing Management, Policy, and Leadership students, Beverly Belton ’10, was able to complete her advanced clinical placement with Dr. Wilson in Auckland and surroundings. Bev had a transformative experience living with Dr. Wilson, learning all she could about the Maori culture and particularly about the concept of “cultural safety,” which is a long-standing movement in New Zealand initiated by a Maori student nurse in the early 1990s and now adopted and developed by nurses at every level of education and practice.

“There and back again” is a line from the Lord of the Rings movies, famously filmed in New Zealand. That’s the way international work happens in the best of times—back and forth—through friendship and collaboration and learning that is seamlessly mutual.
The Framework outlines the strategies and priorities that have been expressed by our deans and faculty under three main goals:

- Prepare students for leadership and service in an increasingly interdependent world.
- Attract the most talented students and scholars to Yale from around the world.
- Position Yale as a global university of consequence.

I have been impressed how YSN has developed important programs to advance each of the three goals and has been a leader among Yale schools in finding appropriate clinical, scholarly, and collaborative opportunities abroad. Dean Margaret Grey and the School have consistently promoted international partnerships in a variety of locations around the world. These include long-term relationships in China, Hong Kong, and New Zealand, and newer, burgeoning collaborations in India, Nicaragua, and the Dominican Republic, among others.

YSN established the Yale Center for International Nursing Scholarship and Education (CINSE) in 2006 as a testament to the School’s decades-long commitment to overseas work and their vision for expanding these collaborations.

The School has been active in encouraging serious student pursuits abroad. YSN has had 84 students participating in international programs from 2007 to 2010 in a variety of locations. For example, the School currently has ongoing projects in Managua, Nicaragua, where YSN is committed to a continuing relationship with the La Escuelita School. YSN students and faculty provide health screenings and work with the community organizations to make available follow-up care for children identified with chronic or acute health conditions. In China, YSN’s arrangement with Hong Kong Polytechnic University School of Nursing has allowed CINSE to offer Yale advanced practice nursing students an opportunity to explore Traditional Chinese Medicine and its relationship to Western medicine. The Good Samaritan Hospital in La Romana, Dominican Republic, is a site where YSN faculty and students provide midwifery support for women and newborns in the surrounding bateyes and barrios.

The School has been a leader for Yale in developing long-term “train the trainer” programs. Working with the Yale-China Association, Professor Ann Williams conducted HIV/AIDS train-the-trainer workshops for health care workers in Changsha, Beijing, Urumqi, Guangzhou, and Chengdu using bilingual instructional materials. Over 20,000 Chinese health care workers have benefited from this program.

One other strategy to implement the goals of the University’s International Framework has been “infusing internationalization into the University’s culture.” YSN has been at this for decades! Visiting scholars are regularly on campus working with YSN faculty and students. As this piece is being written, former Dean Donna Diers is hosting faculty at Yale from her longtime collaborative work in New Zealand (see story on page 16). Dean Grey and other faculty are regularly invited to consult and collaborate with nursing scholars at leading universities around the world. Students returning from their international rotations are sharing their experiences through blogs, presentations, and scholarly publications.

YSN is contributing to the University’s developing additional international research collaborations. I am particularly excited by the leadership of the School in its partnership with the William J. Clinton Foundation, working in partnership with India’s Ministry of Health and Family Welfare and the Indian Nursing Council. At stake is developing the first full curriculum for the training of postgraduate nurses and faculty in the prevention and treatment of HIV/AIDS. The curriculum will be the centerpiece of the new Indian Institute for Advanced Nursing (IIAN) that has been established in Chennai, India. IIAN will serve as the national hub for nursing training, research, and education on HIV/AIDS in India. Expanding the contributions of nurses has tremendous potential to significantly improve the capacity of the Indian health care system to prevent the spread of HIV and improve the scope and quality of care provided to individuals and families affected by HIV. This project is emblematic of the kind of contribution Yale hopes to make in the world.

All of these endeavors hearken back to the inspirational and challenging mission of Yale School of Nursing—“better health care for all people.” This mission is lived out in YSN’s worldwide programs, research, and activity—which is an increasingly important part of Yale University’s commitment to international cooperation and understanding.

I salute the School, Dean Grey, the faculty, students, staff, and alumnae/i who are making the internationalization of the Yale School of Nursing a reality.
“Leave this earth a little better than we found it”

“When I was nine or ten, I remember walking with my dad with his arm around my shoulder. He said, ‘I hope to leave this earth a little better than I found it,’” recalled Raymond Plank, Yale ‘44. “I didn’t understand what he meant at the time, but I think he wanted me to think about it and do the same one day.” As a visionary leader in civic, educational, business, and conservation-related activities, Plank has since realized his father’s aspirations.

Growing up in Minnesota, Plank’s legendary drive and determination brought him to Yale, where he graduated in 1944 with a Bachelor of Arts degree. He served with the U.S. Army Air Corps as a bomber pilot in the Pacific Theater of Operations during World War II. While in cadet training in Texas, Raymond met William Close, MD. It would take another 60 years for the two men to reconnect.

During that time, Plank founded and built the Apache Corporation into one of the largest independent energy companies in the United States. Meanwhile, Close retired after practicing medicine in the Congo, where he played a major role in stemming a 1976 breakout of the Ebola virus.

Inspired by his friend’s work, Plank created the Close Fund for Teaching Nurses. The Close Fund was modeled on another successful program he began called the Fund for Teachers. Over the past 10 years, the Fund for Teachers has awarded more than $14 million in grants to over 4,000 pre-kindergarten through 12th grade teachers.

Like the Fund for Teachers, the Close Fund seeks to enrich the personal and professional growth of nurse faculty. It recognizes and supports them as they identify and pursue opportunities around the globe that will have the greatest impact on their practice, the academic lives of their students, and their local communities.

“Nurses have limited opportunity to experience a ‘sabbatical,’” Plank noted. “There is a tremendous need throughout the world for nurses and the care they provide. Why not offer that opportunity to nurses while at the same time improving health care in some of the neediest areas of the world?”

In 2009, Raymond created the Plank Fund for Education and International Health at YSN. The Plank Fund was created with a gift of $1.5 million, providing income in perpetuity to support international scholarship and clinical activities of students and faculty at YSN. In addition, the Plank Fund supports collaborations with the Close Fund for Teaching Nurses, expanding opportunities for students, YSN faculty, and nurse clinicians.

“Raymond has made important contributions to improving the health and well being of people in a number of international locations,” said Dean Margaret Grey. “His gift to YSN will help to support our goal of developing sustainable collaborations with our international clinical partners. I am pleased to participate on the Board of the Close Fund, and I believe that our collaboration will expand YSN’s relationships and provide new opportunities for our students and faculty.”

“I believe that promoting the professional growth of nurses through practice experiences in diverse settings around the world will have an important impact, both at home and abroad,” Plank added. “With the expertise and the right level of resources and dedication, we can all leave this earth a little better than we found it.”
Ivy Marie Alexander
Alexander, I. M., & Knight, K. (2010). 100 questions and answers about osteopo-
rosis and osteopenia (2nd ed.). Sudbury, MA: Jones & Bartlett.
therapy to relieve anxiety in pregnant women: A randomized, controlled study.

Patricia Jackson Allen
Caplan, R., & Allen, P. J. (in press). Physical activity recommendations for
adolescents with repaired tetralogy of Fallot: Review of the literature and
guidelines for practitioners. Pediatric Nursing.
Pak, L., & Allen, P. J. (in press). The impact of maternal depression on children
with asthma. Pediatric Nursing.
Rosales, P., & Allen, P. J. (in press). Optimism bias and parental views on
unintentional injuries and safety: Improving anticipatory guidance in early childhood.
Pediatric Nursing.
& W. Mackey (Eds.), NMC.0000360425.52228.95 doi: 10.1097/01.

Nancy Cantey Banasiak
K. Hood, V. Johnson-Mallard, & K. Hood (Eds.), Comprehensive women’s health care:
St. Louis, MO: Mosby.

Karen Bearss
Chowdhury, M., Aman, M. G., McDougle, C. J., Arnold, L. E., Handen, B., Johnson, C.,
and parent training in pervasive developmental disorders. Journal of Autism

Angelia Chambers
Chambers, A. N. (2009). Impact of forced separation policy on incarcerated
postpartum mothers. Policy, Politics, and Nursing Practice, 10(3),
204-211. doi: 10.1177/1527154409351592.

Kathy Booker
Booker, K. J., & Hilgenberg, C. (in press). Analysis of academic programs: Com-
paring nursing and other university majors in the application of a quality,
potential, and cost (QPC) model. Journal of Professional Nursing.

SCHOLARSHIP VSN FACULTY PUBLICATIONS
Jane Karpe Dixon


Christopher Fennie


Marjorie Funk


Donna Diers


Margaret Grey


Barbara J. Guthrie


Barbara Hackley


Vanya Hamrin


SCHOLARSHIP VSN FACULTY PUBLICATIONS
Shelley Yerger Hawkins


Joanne DeSanto Iennaco


Sarah Jaser


Holly Powell Kennedy


M. Tish Knobf


James Mark Lazenby


Lazenby, M., Ma, T., Moffat, H. J., Knobf, M. T., & McCorkle, R. (2010). Place of death in Botswana: Palliative and Supportive Care, 8(1), 17-18. doi:10.1017/S1478951509990399


Geraldine Marrocco


Ruth McCorkle


Lazenby, M., Ma, T., Moffat, H. J., Knobf, M., Knobf, M. T., & McCorkle, R. (2010). Influences on place of death in Botswana: Palliative and Supportive Care, 8(2), 177-185. doi:10.1017/ S1478951509990399


McCorkle, R. (2009). The Florence Schorske Wald Professor of Nursing Endowed Chair. Illness, Crisis, andloss. 17(4), 331-342


Mikki Meadows-Oliver


Mary Moller


Sheila Molony
Molony, S. L. (2010). Qualitative synthesis: The meaning of harm. Research in Gerontological Nursing, 3(5). doi:10.1097/01.rgo.0000384210.20102.02


Alison Moriarty Daley


Linda Honan Pellico


Nancy S. Redeker


Heather Dawn Reynolds


Nancy Reynolds


Patricia Ryan-Krause


Lawrence D. Scalli


Dena Schulman-Green


Allison Shorten


Marianne T. Stone-Godena


Martha K. Swartz


Marianne T. Stone-Godena


Robin Whittemore


Ann B. Williams


SCHOLARSHIP FACULTY PRESENTATIONS

Patricia Jackson Allen
Duderstadt, K., & Allen, P. J. (2010, June). Climate change: Air quality and the impact on children's health, our environment, our health. A nurse’s call to action. Paper presented at the Environmental Health Education Center, University of Maryland, College Park, MD.

Allen, P. J. (2010, April). Integrating traditional Chinese medicine into primary care education. Poster session presented at the National Association of Pediatric Nurse Practitioners, Chicago, IL.


Allen, P. J. (2009, November). A translacultural educational experience for APRNs. Poster session presented at the American Academy of Nursing 36th Annual Meeting and Conference, Atlanta, GA.

Angelo A. Alonzo
Reynolds, N. R., & Alonzo, A. A. (2010, May). The IAN and primary health care workforce redesign: the process and the promise. Lecture presented at the Meeting the Health Care Needs of Persons Living with HIV in India, McMillan Center, South Asian Studies Center, Yale University, New Haven, CT.

Reynolds, N. R., & Alonzo, A. A. (2010, April). The IAN and primary health care workforce redesign. Lecture presented for Sociology 206, Public Health in India, Yale University, New Haven, CT.

Laura Kielor Andrews


Andrews, L. K. (2010, April). To clot or think not: Pharmacology of anticoagulants and antiplatelet agents slice of NTI. Lecture presented at the American Association of Critical Care Nurses, Las Vegas, NV.


Andrews, L. K. (2010, January). CCRN review course. Lecture presented at Danbury Hospital, Danbury, CT.

Nancy Cantey Banasiak

Banasiak, N., & Shiffman, R. (2010, April). Decision support system to improve the care of children with overweight and obesity. Poster session presented at the National Association of Pediatric Nurse Practitioners, Chicago, IL.


Karen Bears
Bears, K. (2010, June). Parent child interaction therapy. Lecture presented at Pediatric Grand Rounds, Bridgeport Hospital, CT.


Angolina Chambers


Angela A. Crowley


Schulman-Green, D., Ecololano, E., McCorkle, R., Bradley, E., Prigerson, H., Quinn, T., ... Dixon, J. (2010, March). Initial development and content validation of the Knowledge of Care Options (KOCO) instrument. Poster session presented at the annual meeting of American Academy of Hospital and Palliative Medicine and Hospice and Palliative Nurses Association, Boston, MA.


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SCHOLARSHIP FACULTY PRESENTATIONS


Kristopher Fennie


Marjorie Funk


Funk, M. (2010, April). Case studies in ECG monitoring. Lecture presented at Aultman Hospital, Canton, OH.


Funk, M. (2010, March). The accuracy of arrhythmia interpretation by nurses working on cardiac units. Poster session presented at the 22nd Annual Scientific Sessions, Eastern Nursing Research Society, Providence, RI.


Funk, M. (2010, March). Nurses’ knowledge and substandard practice related to ST-segment monitoring: Baseline findings of the PULSE Trial. Poster session presented at the 22nd Annual Scientific Sessions, Eastern Nursing Research Society, Providence, RI.


Funk, M. (2010, January). ST-Map ECG software improves nurses’ use of and attitude toward ischemia monitoring and the quality of patient care. Poster session presented at the 95th Critical Care Congress, Society of Critical Care Medicine, Miami, FL.


Margaret Grey


Jases, S. S., Whittenmore, R., & Grey, M. (2010, April). Observed communication in adolescents with type 1 diabetes and their mothers. Lecture presented at the annual meeting of the Society for Behavioral Medicine, Seattle, WA.

Lecture presented at the 22nd Annual Scientific Sessions, Eastern Nursing Research Society, Providence, RI.


Funk, M. (2010, March). ST-Map ECG software improves nurses’ use of and attitude toward ischemia monitoring and the quality of patient care. Poster session presented at the 95th Critical Care Congress, Society of Critical Care Medicine, Miami, FL.


Vanya Hamrin

Shelley Verger Hawkins


Joanne DeSanto Iennacca


Iennacca, J. D. (2009, November). Effects of demand and control at work on ischemic heart disease claims in a heavy industrial cohort. Paper presented at Work, Stress, and Health 2009. Global Concerns and Approaches, San Juan, PR.


Sarah Jaser
Scholarship Faculty Presentations

Jaser, S. S., Whitemore, R., Pham, H., & Grey, M. (2010, April). Demographic predictors of depression and metabolic control in youth with type 1 diabetes. Poster session presented at the Annual Meeting of the Society for Behavioral Medicine, Seattle, WA.

Sangchoon Jeon


Holly Powell Kennedy


Kennedy, H. P. (2010, March). Negotiating normal birth: Successes and challenges in the US and UK. Lecture presented at Harvard University Department of Obstetrics Grand Rounds, Massachusetts General Hospital, Boston, MA.


Kennedy, H. P. (2009, October). Inaugural lecture in honor of Teri Murtland, Department of Obstetrics Grand Rounds. Lecture presented at University of Michigan, Ann Arbor, MI.


M. Tish Knobf


Schulman-Green, D., Erolozo, E., McCorkle, R., Bradley, E. H., Prigerson, H., Quinn, T., ... Dixon, J. (2010, March). Initial development and content validation of the Knowledge of Care Options (KOCO) instrument. Poster session presented at the Annual Assembly of the American Academy of Hospice and Palliative Medicine and Hospice and Palliative Nurses Association, Boston, MA.

James Mark Lazebny


Lazebny, J. M., & Khatib, J. (2010, May). Validity of the FACT-Sp’s use of the word “peace” with Arab Muslim cancer patients at the King Hussein Cancer Center, Amman, Jordan. Poster session presented at the International Psycho-Oncology Society, Quebec, Canada.


Ruth McCorkle


Schulman-Green, D., Erolozo, E., McCorkle, R., Bradley, E., Prigerson, H., Quinn, T., Knobf, T., ... Dixon, J. (2010, March). Initial development and content validation of the Knowledge of Care Options (KOCO) instrument. Poster session presented at the American Academy of Hospital and Palliative Medicine and Hospice and Palliative Nurses Association, Boston, MA.

Geraldine Marrocco


Marrocco, G., Wallace, M., & Neal-Day, Sigma Theta Tau International, Atlanta, GA.

Ruth McCorkle


Schulman-Green, D., Erolozo, E., McCorkle, R., Bradley, E., Prigerson, H., Quinn, T., Knobf, T., ... Dixon, J. (2010, March). Initial development and content validation of the Knowledge of Care Options (KOCO) instrument. Poster session presented at the American Academy of Hospital and Palliative Medicine and Hospice and Palliative Nurses Association, Boston, MA.

Geraldine Marrocco


Marrocco, G., Wallace, M., & Neal-Day, Sigma Theta Tau International, Atlanta, GA.

Schulman-Green, D., McCorkle, R., & Bradley, E. H. (2009, November). Qualitative research strategies that facilitate quantitative research. Symposium conducted at the Annual Meeting of the Gerontological Society of America, Atlanta, GA.

Mikki Meadows-Oliver


Moller, M. D. (2010, June). From the couch, to the bus depot, to the mall, to work: The milestones of adjustment post psychosis recovery model. Podium lecture presented at the Montana State Hospital, Warm Springs, MT.

Moller, M. D. (2010, May). From the couch, to the bus depot, to the mall. The milestones of adjustment post psychosis recovery model. Podium lecture presented at the Montana State University Curriculum Consultation, Missoula, MT.


Moller, M. D. (2010, April). Update on the implementation of the LACE model for psychiatric-mental health nursing. Podium lecture presented at the National Organization of Nurse Practitioner Faculty, Washington, DC.


Allison Moriarty Daley


Linda Honan Pellico

Pellico, L. H. (2010, May). Florence Nightingale then and now. Keynote lecture presented at the National Nurses Week, Waterbury Hospital, Waterbury, CT.


Pellico, L. H. (2010, May). Looking not seeing and listening is not hearing. Paper presented at the Hong Kong Polytechnic University, Hong Kong, China.

Pellico, L. H. (2010, May). The road to nursing: Lessons learned about teaching non-nursing baccalaureate degree graduate. Lecture presented at the Hong Kong Polytechnic University, Hong Kong, China.

Pellico, L. H. (2010, May). Ways to promote student clinical learning through the use of their reflective journals: Lecture presented at the Hong Kong Polytechnic University, Hong Kong, China.


Nancy S. Redeker


Swartz, M., Redeker, N., & Bridger, L. (2010, May). Enhancing health promotion and disease prevention through practice-based research in New Haven, CT. Poster session presented at the National Institutes of Health Clinical and Translational Science Award Community Engagement Key Function Committee Meeting, Bethesda, MD.

Redeker, N. S. (2010, April). The yin and yang of collaboration in nursing research. Keynote lecture presented at the Annual Nursing Research Day, Maristorn Memorial Hospital, Morristown, NJ.


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Scholarship Faculty Presentations


Heather Dawn Reynolds


Nancy Reynolds

Reynolds, N. R., & Alonsoa, A. A. (2010, May). The IAH and primary health care workforce redesign: The predicaments, the process, and the promise. Lecture presented at Meeting the Health Care Needs of Persons Living with HIV in India, McMillian Center, South Asian Studies Center, Yale University, New Haven, CT.


Reynolds, N. R. (2009, October). Nursing education and research at the Yale University School of Nursing. Lecture presented at Kunming Medical University, Kunming, China.

Reynolds, N. R., & Cohn, S. E. (2009, July). Integration of prevention and developmental research. Symposium conducted at the National Institutes of Health, National Institute of Allergy and Infectious Diseases, AIDS Clinical Trials Group Network Meeting, Washington, DC.

Patricia Ryan-Krause

Ryan-Krause, P. (2010, June). An interactive approach to teaching complex clinical information. Lecture presented at Drexel University Nursing Education Institute, Myrtle Beach, SC.


Scallì, L. (2010, February). Diagnosis and treatment of Tourette syndrome. Lecture presented at the Delaware School Nurses Association, Newark, DE.


Dena Schulman-Green

Nguyen, S., van Kohorn, I., Schulman-Green, D., & Colson, E. (2010, May). Post-partum smoking relapse: Qualitative research exploring the role of social networks. Poster session presented at Yale University School of Medicine, New Haven, CT.


Schulman-Green, D., McCorkle, R., & Bradley, E. H. (2009, November). Qualitative research strategies that facilitate quantitative research. Symposium conducted at the Annual Meeting of the Gerontological Society of America, Atlanta, GA.

Martha K. Swartz


Swartz, M. (2010, April). Writing for publication roundtable: Roundtable conducted at the National Association of Pediatric Nurse Practitioners 31st Annual Conference on Pediatric Health Care, Chicago, IL.


Jacquelyn Taylor


Robin Whitemore


Whitemore, R. (2010, June). Development of health-related internet interventions. Lecture presented at the University of Texas, Austin, TX.


Jases, S. S., Whitemore, R., & Grey, M. (2010, April). Observed communication in adolescents with type 1 diabetes and their mothers. Lecture presented at the annual meeting of the Society for Behavioral Medicine, Seattle, WA.

Jases, S. S., Whitemore, R., Pham, H., & Grey, M. (2010, April). Demographic predictors of depression and metabolic control in youth with type 1 diabetes. Poster session presented at the annual meeting of the Society for Behavioral Medicine, Seattle, WA.


Ann B. Williams


Where in the world are Yale Nurses?
In this issue, with its international focus, you will read about their work on six out of seven continents. Where else would YSN alumnae/i be except where there are opportunities to improve the health of the world’s people?

Take a trip to New Zealand through the eyes and language of Donna Diets ’64. On page 16, you will definitely be transfixed and possibly gobsmacked by her description of the land, the people, and what’s happening to nursing there.

Pat Ryan-Krause continues your global perspective by studying drawings from children in Nicaragua (p. 7). As assistant director of YSN’s Center for International Nursing Scholarship and Education (CINSE), Pat keeps the connections alive both here and abroad.

Crossing the Atlantic from Central America to Africa, you’ll find Maureen Doran ’71 and her husband Kip ’73 serving in the Peace Corps (adjacent story). Maureen willingly gave up a vibrant nursing practice in Colorado to be a Yale Nurse and life skills teacher in Botswana.

Continuing eastward to India (p. 10), you’ll find plans for a new nursing school funded by the Clinton Foundation and supported by Yale faculty. And the GEPN program being developed in Hong Kong will be the beneficiary of YSN’s own 35 years of GEPN experiences (p. 13).

Lisa Tangredi ’06 will bring you to a war-torn Afghanistan where there’s more than just a war against the Taliban (p. 37).

And where else will you find more news about your fellow alums but right back home in the pages of this issue of Yale Nurse. Don’t forget to send your news, international or not, to steve.varley@yale.edu.

Enjoy your trip around the world but don’t forget—YSN alumnae/i know there’s no place like home.

I AM A YALE NURSE

BY KARLA A. KNIGHT ’77

Maureen (O’Keefe) Doran ’71 is a Peace Corps volunteer in Botswana. Details of her Peace Corps assignment are available in the Yale Alumni Magazine (http://www.yalealumnimagazine.com/issues/2010_03/editor149html). Maureen took time during a school break to answer our questions about her experiences as a Yale Nurse.

How did you begin your career as an advanced practice nurse?
After graduation, I accepted a position at the West Haven VA working with a cadre of other Yale nurses. We formed a fabulous group of consulting and interacting APRNs who started new and innovative patient care programs throughout the medical center. In those two years, I solidified my nursing role, became more clinically astute, and experienced a collegiality that has yet to be matched.

Where did you go after the West Haven VA?
First a bit of history. While at YSN, I “re-met” and married a BC University Chorale buddy, Christopher “Kip” Doran, MD ’73. He was offered two top-notch residency positions—one at Yale and the other at the University of Colorado. We decided on Colorado, which was a big step. We would be leaving our Yale resources, my established career, and a ton of friends. But my first boss, the chief nurse with whom I still correspond after 40 years, gave us a piece of advice that has guided our decisions throughout our lives. She said, “If you ever have the opportunity to do something new and different, take it. You won’t regret it.”

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In Memoriam 36
What Does It Mean to Be a Yale Nurse? 37
Class News 38
Alumnae/i Board News 39
Commencement 40
Reunion 42
What was it about what you were doing in Colorado that made you consider the Peace Corps? How did your family and friends react?
Considering what I was doing in Colorado should have actually made me not consider the Peace Corps! I was terrifically happy with a thriving private practice and patients that I think of to this day. I had been serving as an officer on the Board of the Mental Health Association of Colorado with the presidency in reach. I was involved professionally in the revision of the Nurse Practice Act in Colorado. I was working as a consultant for both CMS and Tricare on assignments wherever and whenever I chose. I had teaching opportunities around the world.

Frankly, the reaction of my colleagues was astonishment that I was walking away from all of this for the Peace Corps. Several of them jokingly offered me pro bono therapy! Our daughters were not thrilled with our distance but have applauded our efforts. Nor has it stopped them from getting on with their own lives. Alison had our first granddaughter, Avie, eight months ago and Meghan was married last September. Among our biggest cheerleaders are Kip’s parents, who are 92.

Peace Corps is considered by some to be a young person’s job. What makes it suitable for an older nurse?
I can’t begin to tell you how fabulous it is to be an older volunteer. My role in the guidance department of a high school with 1,700 students has been augmented by all my years of clinical practice. Dealing with a different culture, language, and society with the maturity of a 60-year-old woman has made living here so much easier. Also, in Botswana, older persons are respected and seen as assets to the community. Kip and I are greeted “Dumela Mogolo” ("Hello, Old People"). While I must admit to some adjustment from our youth-crazed American society, I have come to appreciate, more than I can say, the acceptance and near awe of our African neighbors and colleagues. Our Peace Corps classmates, many even younger than our own children, are our other assets here. We are ageless in our support and friendship. I would encourage my colleagues to consider service in the Peace Corps. Our country needs ambassadors abroad and we Americans need immersion in other ways of life. While it is said that Peace Corps volunteers swim upstream as hard and fast as they can, it is an experience of a lifetime. I don’t regret a minute of it.

What would you say to recent graduates about being a Yale Nurse?
It is not just the finest education, the closeness to first-class faculty, the camaraderie of bright and talented classmates, the opportunity to steep ourselves in Yale culture, diversity, and history; it is all of these things together for which I am eternally grateful. I was nurtured and challenged in just the right proportions. I grew as a nurse and a woman. We are given much as Yalies and much is expected. Maybe that’s why, at this very moment, I am in Africa and so proud to be here as a Yale Nurse.

Karla A. Knight ’77 is a clinical content developer for the McKesson Corporation. She is also the coauthor, with YSN Associate Professor Ivy Alexander, of two books on menopause and osteoporosis.
On Mentoring: Collaboration Turns to Innovation

LUC R. PELLETIER ’82

When Robin Whittemore, PhD, APRN, was interested in doctoral education in nursing, she visited several universities. She came to Yale and met with YSN Dean Margaret Grey, who at the time was director of the Doctor of Nursing Science program. Margaret was impressed with Robin and hoped that she would choose YSN. Since YSN didn’t have a PhD program at the time, Robin pursued graduate study at Boston College. Even at this first meeting, Robin was intrigued with Margaret’s work and was hopeful for the opportunity to work together in the future. After graduating in 2000, she learned that a postdoctoral appointment opened on Margaret’s team. “It came at just the right time,” she said.

She was subsequently awarded a two-year postdoctoral fellowship funded by the National Institute of Nursing Research. Regarding mentorship, Robin stated, “You think of mentorship as having a beginning and an ending, but it hasn’t ended. It has evolved over time into a rich partnership.” Although Robin and Margaret had their own programs of research, there was a good deal of overlap. “Not only do we have this mutual interest and respect, we make a good team,” Robin added.

“Robin is conceptually much stronger than I; she is the creative one. Though we are both strong methodologists, I also bring pragmatism and diabetes expertise to our work,” Margaret added.

“We look at things differently, have different perspectives, and that really enhances the work that we do,” Robin continued.

“To be able to have our relationship and research evolve over time has been exciting—it’s never been static.”

In a typical mentor/mentee relationship, it’s the mentee that’s learning and growing. But as this partnership has developed, it’s been an exciting evolution for both of them. Initially for Robin, there was always so much to learn. But as the relationship grew, many opportunities for collaboration appeared. Robin thinks Margaret “is an incredible mentor and scientist; she’s mentored a lot of individuals. It’s clear in her actions as she’s always very accessible and helps her mentees examine their research thoughtfully.”

Robin’s research continues to grow and influence nursing care and public health, especially in the prevention of obesity and type 2 diabetes. “One of our current projects is developing and testing an Internet obesity prevention program for urban teens in New Haven,” she said. “It bridges my diabetes prevention research with Margaret’s previous diabetes work with ‘tweens’—obesity prevention combined with coping skills training.” This collaborative project is using emerging information technologies as they translate an in-person intervention to the Internet. Other collaborations include TeenCope, a study to compare an Internet coping skills training program with an online education program for teens with type 1 diabetes.

As highlighted by this team, mentoring is a win-win for mentor and mentee, and society benefits from the innovations in nursing science created by these unique collaborations.
Limitless Opportunities

by Ltjg Lisa Tangredi, NC, YSN '06

The curiosity for new experiences was instilled in me on my first day at YSN. During my time at Yale, I was challenged mentally, emotionally, and physically. I was determined to get through the long classes, clinical rotations, and exams. It was not about earning passing grades, but about the fortitude to become a confident advanced practice nurse.

After graduating from YSN in 2006, I worked full-time as a staff nurse in the medical intensive care unit at Yale-New Haven Hospital (YNHH). I cared for adults of all ages and gained a deep understanding of physiology and how the body compensates in a diseased state.

A talented nurse practitioner at YNHH, herself a retired Navy Nurse Corps Captain, inspired me to join the Navy. In April of 2009, I was commissioned as a Naval Officer and nurse, excited to serve my country and to be exposed to different areas of nursing. Within two months, I was deployed to Kandahar, Afghanistan.

In Kandahar, I worked in a small combat hospital with limited resources and basic equipment. Our medical team took care of coalition soldiers, local Afghans, and detainees, so I had to learn the local culture and customs.

I also served on a trauma team, receiving casualties from the field with blast injuries, traumatic amputations, and gunshot wounds. The U.S. Navy worked closely with coalition countries in the small Role 3 hospital, which had a CT scan, critical for head injuries. The hospital staffed a neurosurgeon, general surgeon, orthopedic surgeon, radiologists, and nurses within various specialties.

Many of my experiences in the military cannot be replicated in the civilian sector, especially working with people from different cultures in a medical setting. The trauma team was lead by an Australian doctor and nurses from Canada and the Netherlands. We had to adapt to language barriers and different styles of medical practice, learning from each other and coming together to save lives.

I often took care of Afghan children. I was apprehensive as this was my first time being exposed to sick, vented children. However, I learned from others out of necessity, and in the end, I enjoyed seeing them mend quickly.

In addition, I worked in a primary care tent with doctors and nurse practitioners, providing primary and emergency care to military personnel for headaches, abdominal pain, eye injuries, and follow-up for traumatic brain injuries. Again, this tent had minimal supplies and resources, making expertise in triage, physical exams, and basic labs invaluable.

When casualties increased at Bastion, I was sent to the British-run military base. In the ICU, nurses mixed medications, monitored ventilators, and learned new documentation. Again, the challenge was to adapt quickly to another country's system.

Now that I am back at Naval Hospital Camp Pendleton, California, I work full-time in the intensive care unit and spend one day a week as an NP in the area clinic, providing primary care to Marines.

I recently entered a doctoral program in nursing at the University of San Diego, with encouragement from YSN Associate Professor Ivy Alexander, PhD, APRN, ANP-BC, FAAN, and YSN Assistant Professor Sheila Molony, PhD, RN, BC.

While nothing could have prepared me for my journey to Afghanistan, I am proud to say that the skills I obtained while at YSN have served me well. My professors and mentors gave me the tools to be independent, clinically knowledgeable, and passionate about nursing. YSN has opened my eyes to the limitless opportunities for nurses in the United States and abroad and taught me to seize those moments to utilize my talents to help others.

Please submit personal essays of 500–750 words to Sherrie Page Najarian ’94 at snajarian@verizon.net. Please type “YSN essay query” in the subject heading. There are no rules or preconceived notions of what it means to be a Yale Nurse, only an opportunity to share your experiences.
**Class News**

Cheryl Beck ’72 was the featured speaker at a one-day workshop on postpartum depression at Indiana State University’s College of Nursing.

Ramon Lavandero ’79 was quoted in a NurseZone.com story on “How Some Hospitals Save Lives Better Than Others. ” “No single factor explains why the best hospitals achieve lower mortality rates,” he said.

Husband and wife graduates David Johnson ’80 and Sheila Conneen ’79 have had a busy couple of years. Sheila was named New Mexico Nurse of the Year in the area of Quality Assurance. Currently, Sheila is with the New Mexico Medical Review Association, inducing physicians to adopt electronic medical records. In January, David formed Bannerman & Johnson, PA, a nine-lawyer firm focused on representing health care providers. In August he became the Chair-Elect of the American Bar Association Health Law Section. David and Sheila don’t know how all of this has come to pass, but they recognize that YSN has played a significant role along the way.

Jody Gross ’80 accepted the position of Chief Operating Officer at The Visiting Nurse Association and Hospice of the Florida Keys in January. They have a census of approximately 300 patients in their programs—hospice, skilled home health and private duty care—and serve the entire Florida Keys, which is a geographic challenge, as this string of islands is 120 miles long and often just one or two blocks wide.

Linda Degutis ’82 has been selected to serve as Director of the CDC’s National Center for Injury Prevention and Control, effective November 7, 2010. Her expertise crosses a broad spectrum of public health and injury disciplines.

Susan Fekety ’84 received the 2009 Maine Association of Certified Nurse Midwives Excellence in Midwifery and Women’s Health Award for her “outstanding professionalism and accomplishments in assuring vital health care services are provided to the people of Maine.”

Jocelyn Bessette-Gorlin ’84 has been given the College of Nursing Medallion from Villanova University, her undergraduate alma mater. She was given the award for excellence in clinical care. Jocelyn is also featured in the book The Gift of Experience: The Boston Hemophilia Center by Laura Gray and Christine Chamberlain. Jocelyn helped build the center.

Anne Teitelman ’85 has been named a 2010 Fellow in the American Academy of Nurse Practitioners (AANP). She was inducted at the AANP’s 25th national conference in Phoenix, Arizona, on June 23. Anne was inducted as a Fellow on the basis of her teaching and research. She is known for her expertise in primary health care with underserved populations and has been teaching advanced practice nurses for more than 15 years.

Debbie Kim ’89 wrote a chapter in the recently published book GIS in Hospital and Healthcare Emergency Management.

Katherine DiBella Seluja ’90 is happy to announce the publication of two of her poems. The poems appear in the journal Sin Fronteras, no. 14. This is her first poetry publication, and one of the poems is about her very first patient as a nursing student. She is happily continuing to write about her many health care experiences west of the Mississippi.

Vanna Dest ’92 is the recipient of the Oncology Nursing Society Excellence in Radiation Therapy Nursing Award. Dest is an oncology nurse practitioner at the Hospital of Saint Raphael Radiation Oncology Specialists of Southern Connecticut in New Haven. This award recognizes her as an expert oncology nurse in the field of radiation oncology who has made significant contributions to the field through outstanding patient care.

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Christa Erika Hartch ’02, her husband Greg, and their three children, Christian, age 9, Annabelle, 7, and Caroline, 4, have been living in Paris for almost a year. Greg’s work at General Electric has taken them there, and they plan to return to Connecticut when the assignment is completed. They have been enjoying many family adventures. Here they are pictured in Dresden, Germany.
Dear YSN Alumna/us:

It is my privilege to write to you as the new YSN Alumnae/i Association (YSNAA) president. After serving on the Board of Directors for the past four years, I am excited for my new role and would like to take this opportunity to introduce myself.

Upon graduating from YSN in 2008, I moved to the greater Seattle area, where I began my practice as an FNP in a community health center. I transitioned to private practice, where I continued family practice in a primary care setting before deciding to pursue my doctoral degree in nursing. This fall I returned to YSN as a PhD student, and I am looking forward to integrating my clinical experience into my research interests. I am thrilled to be back on campus and reconnecting with faculty and students. Likewise, I am enthusiastic about reaching out to alumni to collaborate on various projects to strengthen our already rich community.

As president, I would like to continue the Board’s tradition of serving as a critical link for engaging with the School’s vibrant network of alumni and students. Please feel free to contact me if you are interested in sharing your expertise, reconnecting with YSN, or reaching out to other alums in your hometown.

As I begin my term, I invite your feedback and suggestions about how YSNAA can serve you. It was a pleasure to meet so many fellow alumni at Reunion in October, and I look forward to meeting many more in the coming year.

Best wishes,

Asefeh Faraz ’08
President, YSN Alumnae/i Association
asefeh.faraz@aya.yale.edu

Board News

Emily Haozous ’03 has been accepted into a junior faculty development program for American Indian researchers. Emily will be paired with two senior faculty members in support of grant and manuscript writing, and NIH award application.

Virginia “Ginny” Morrison ’99 gave birth to Aliya Abigail Khan on February 22 at 6 pounds 10 ounces, after a record short labor of under six hours. Mom, dad, and sister are well and adjusting to life with a newborn.

Karen Mera ’01 has finished her training and is now a Foreign Service Health Practitioner, working in Freetown, Sierra Leone, at the U.S. Embassy.

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Meghan Sawyer Canedy ’01 had a baby this year. Paige Leota Canedy was born April 28, unexpectedly sharing Meghan’s birth date. She weighed 6 pounds 12 ounces. The whole family is doing well.

Jay Horton ’01 has just finished his first year of the New York University PhD program in Nursing Research and Theory Development. Earlier this year, he was inducted into the Policy Academy of the American Association of Colleges of Nursing. He was also appointed the State Public Policy Ambassador from New York for the Hospice and Palliative Nurses Association, and joined the Board of Trustees of the Hospice and Palliative Care Association of New York State. He co-authored a chapter on advanced practice palliative nursing that appears in the Oxford Textbook of Palliative Nursing.

Anna Tielsch Goddard ’05 received the Pediatric Nursing Certification Board Primary Care CPNP Certification Advocate Award from the National Association of Pediatric Nurse Practitioners (NAPNAP) during the NAPNAP national conference in Chicago. Anna has also been elected to the position of secretary for the Texas chapter, after serving four years as secretary for the Connecticut chapter.

Ellen Makar ’09 has been recognized as an emerging leader in nursing informatics by the Alliance of Nursing Informatics. The selection was based on a number of criteria, including a mid-level position in informatics in a health care setting, a current license to practice as a registered nurse, and the ability to make a difference as a leader in the field of informatics. This inaugural program aims to develop leaders capable of assuming national leadership positions in an informatics-related organization. Ellen is currently the Finance Clinical Coordinator at Yale-New Haven Health System Decision Support.

Recent graduate Meghan Carr ’10 coauthored an article with YSN Assistant Professor Claire Kaplan. The article, “Midlife Women with Anorexia Nervosa,” is a literature review published in the June 2010 issue of The American Journal for Nurse Practitioners.
Commencement 2010

Yale University School of Nursing celebrated its 84th commencement on May 24 with 108 MSN, 2 Post Master’s Certificate, 2 DNSc, and 5 PhD graduates.

Janna Ekholm, Christina Fleming, Monica Slinkard, Mara Evans, and Emily Lawson

Deborah Gross of Johns Hopkins University School of Nursing presented the Commencement Address.

Caroline Handschuh and Ilyas Saloom

Dean Margaret Grey

Brenda Bednar and Melissa Jenkins

Veda Tyson

Matthew Burke

Donna George

Kerry Williams

Glen Ordinario

Phoebe Heffron, Sarah Delaney, and Brenda Bednar
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Alumnae/i Reunion Weekend October 1–2, 2010

The 21st Century Practitioner: Staying Relevant in a Fast-Changing World

Kate Damon ’12 and Deborah Brown ’08

Evy Anderson ’50 and Margaret Chang ’55

Liena Vayzman MA ’95, PhD ’02, Erin Shawn ’03, and YSN Dean Margaret Grey ’76

Beverly Dunston Scott ’55 and Margaret Quinn ’55

Bethany Golden ’03 was recognized for her years of service to the board and passed the torch of president to Asefeh Faraz ’08

The annual Speed Mentoring event brought together alumnae/i like Michael Corjulo ’98 and current students like Emily Williams and Maria Corrao from the Class of 2011

Members of the Class of 1985 celebrated their 25th Reunion: Christina Santoni, Sheila Gillespie Gillette, Allegra Hamman, Barbara MacDonald, Kathleen Diamond, Karen Poushter, and Anne Teitelman

Jean O’Brien Butler ’50, Asefeh Faraz ’08, and Elizabeth Orser ’50

Sarah Viall ’12, Lisa Summers ’83, Kay Sophar ’85, and Brittany Diaz ’13

Nina Adams ’77 and Beth Cheney ’89
Anne Teitelman ’85
Honored as 2010 Distinguished Alumna

Anne Teitelman ’85, PhD, CRNP, was presented the 2010 Distinguished Alumna award on October 2 at the Alumnae/i Banquet held at the Graduate Club in New Haven. Teitelman is Assistant Professor at the University of Pennsylvania School of Nursing, where she is a core member of the Center for Health Disparities Research. The following is the text of the award citation:

On the 25th anniversary of her graduation from Yale, this nurse has never rested in her work to advance the health of vulnerable populations, particularly women and girls. Her service is seen through her scholarly activities, teaching, and clinical practice. As a scholar, this Yale nurse has focused on the prevention of sexually transmitted infections and HIV among adolescents as well as understanding adolescent intimate partner violence. Her findings have made a novel contribution to our understanding of the relationships among these problems. The value of these contributions is recognized nationally and internationally through peer-reviewed funding for her research, invitations to serve on professional committees and consortia, and through publication of research findings in leading professional and scientific journals.

As a clinician, she has dedicated her career to helping women, adolescents, and underserved populations. Since graduation from the Yale School of Nursing in 1985, she has maintained an active clinical practice providing primary health care to a variety of underserved patients. From her early work with the poor in Hartford, Connecticut, to the clinical practice in Michigan that inspired her doctoral dissertation, to her current practice at the Hospital of the University of Pennsylvania, she has put her research into action and embodied our mission of “better health care for all people.”

As an educator, her commitment to teaching and mentoring students in nursing and other disciplines is a valuable contribution to the nursing profession. Not content to simply conduct research and put that new knowledge into action through clinical practice, she is passionate about teaching the next generation of nurses. Her excellence in the classroom has been recognized with teaching awards and by the doctoral and postdoctoral students she has mentored.

For the positive impact she has had on countless lives, for her outstanding performance as a scholar and educator, the Yale School of Nursing Alumnae/i Association is proud to present the Distinguished Alumna Award for 2010 to Anne Teitelman, Class of 1985.
“I’m proud to support Yale School of Nursing, which is why I make gifts which provide payments to me for my lifetime. I have a large family and can always think of a family member I’d like to help with the additional income I receive.” —Betty Ann Countryman ’44

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Contact Steve Varley, YSN Director of Development, at steve.varley@yale.edu or 203-785-7920.

* Minimum gift annuity is $10,000. These rates are for illustration purposes and may vary depending on the timing of your gift. Annuity rates for two individuals are also available.
Yale PhD nursing student Rose Nanyonga Clarke led a 32-mile walk in Uganda to raise awareness of child sacrifice and to promote nursing in that country. See the full story on page 32.