

**From:** [YSN Alumni Association](#)  
**To:** [Regan, Mike](#)  
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Dear YSN Alumni,

Welcome to the first edition of our alumni newsletter for the exciting year of 2024! As we embark on a new chapter, we are thrilled to reconnect with you, our esteemed alumni, and share the latest updates, achievements, and opportunities within our ever-growing community.

I am delighted to share plans for the 2024 Yale School of Nursing Alumni Association Day of Service.

This year, we're diving into a project that's all about spreading the word on the current global mental health situation and figuring out how each of us can make a positive impact.

Our project will feature four installments. The first three events will be webinars, each tackling distinct challenges in mental health care and exploring pathways towards a brighter future.

The final piece is a 5k event, designed with flexibility in mind. Participants will register online and can complete their 3.1 miles from wherever they would like. And not to worry, you'll have a full week to complete your "race," and can break it down into manageable exercise sessions. For the 5k, we will be asking you to pay a "registration fee" in which proceeds will be donated to the [World Federation for Mental Health](#).

Kind regards,

Elyssa Noce '17 MSN  
President, YSNAA

Please see the section below for more information and to register for each of the webinars.

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## Day of Service Webinars:

### Can Anger Education for Children Reduce Violence?

*Monday, March 4, 8:00pm ET*

In this webinar, we aim to unravel the intricate relationship between anger education and the potential reduction of violence.

Our panelists will offer their perspectives defined by their real-world experience and share views on how properly expressing anger helps to shape emotional intelligence and the long-term positive benefits provided by it.

[Register Now](#)

### The Art of Mental Health Care and Practice Based Evidence

*Monday, April 8, 8:00pm ET*

In part two of our Day of Service Webinar Series, we will explore the intersection of artistry and evidence in providing effective mental health support.

Join us as we dive into the nuances of practice-based evidence, recognizing the invaluable role it plays in tailoring mental health care to individual needs.

[Register Now](#)

### Addressing the Global Mental Health Crisis in Developing Countries: Challenges and Solutions

*Monday, May 6, 8:00pm ET*

You'll want to join us as we navigate through the unique challenges faced by developing nations in providing mental health care and explore innovative solutions to bridge the gap.

[Register Now](#)

The 5k event will take place during May, with the official dates still TBD.

Please note that as we get closer to the first webinar, we will be launching a dedicated page on our website to the Day of Service and its events. An announcement will be made once this page is live.

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## Nominations for the 2024 Distinguished Alumni and Decade Awards are now open

The YSNAA Board of Directors welcomes you to nominate a YSN graduate for the Distinguished Alumni Award or Decade Award. Continuing the tradition that began in 1973, these awards recognize YSN graduates for their outstanding nursing achievements each year. To read more about the awards and see a list of previous winners, click [here](#).

To nominate someone, click [here](#).

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## News



### Tom Sincic '82 Honored for Advancing Healthcare Policy in Oregon

Tom Sincic '82 MSN was honored by the Oregon Public Health Association with the 2023 Policy Champion Award. As Chair of the Healthcare for All Oregon Board, he played a role in the passing of a measure which established healthcare as a right in Oregon's state constitution.

Tom shared with YSN that "it is not about me but doing work in line with this: 'For over 100 years after its founding, YSN still educates nurses to be agents of social and political change focused on improving the health of all people.'"

The [OPHA Awards webpage](#) provides more information about the award as well as Tom's impressive history as a champion of the "Universal Healthcare for All" movement.

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### Lars Gjerde '18 Presents in Norway

Lars Gjerde '18 MSN presented at the first Norwegian national Nurse Practitioner conference in Oslo, Norway this past October.

"Drawing on the nearly 60-year history of the American nurse practitioner (NP) profession, the strategic work of the American Association of Nurse Practitioners and the California Association for Nurse Practitioners, as well as experiences from UC Davis Health, Gjerde presented historical and practical perspectives." – [UC Davis Health article](#) on Lars Gjerde's presentation

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## Centennial Conversation with Tonya Lewis Lee



On November 2nd, YSN continued its Centennial celebration with a panel discussion highlighted by award-winning filmmaker Tonya Lewis Lee.

Joining the stage with Tonya Lewis Lee were YSN faculty Joan Combellick, Holly Powell Kennedy, Heather Reynolds, and Michelle Telfer. The conversation began with a viewing of the trailer for Lewis Lee's film "Aftershock" and led into a discussion on the US maternal mortality crisis.

The event was held at the Yale Afro-American Cultural Center and a full recording of the discussion can be found on the [YSN YouTube channel](#).

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## Become a Class Agent and Make a Difference for YSN Today!

At YSN, Class Agents assist the Development and Alumni Affairs team by engaging classmates and encouraging contributions to the Annual Fund through both mailed and virtual outreach. In this role, your involvement directly contributes to the success of initiatives aimed at supporting current students.

If you are interested in volunteering, please email Mike Regan ([Mike.Regan@Yale.edu](mailto:Mike.Regan@Yale.edu))



## YSN Well Represented at Yale Assembly & Convocation

On November 16 and 17, Yale hosted their annual [YAA Assembly & Yale Alumni Fund Convocation](#). While on campus, attendees engaged with each other and professional staff to share best practices and new ideas and were treated to an inside look at Yale today.

From left to right: Caroline Piselli '15 DNP, Amanda Filipelli '15 MSN, Elyssa Noce '17 MSN, Courtney Farr '06 MSN. Not Pictured – Sherrie Guyer '94 MSN

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## See Photos from Previous YSN Events

Exciting news! Photos from our recent alumni events are now available on our [Flickr page](#). Take a stroll down memory lane and relive the good times. You'll also be able to download these pictures for free!

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## YSN on Display



In celebration of 100 years of Yale School of Nursing, a special YSN Centennial exhibition was on display at the Harvey Cushing/John Hay Whitney Medical Library from August to mid-January. Highlights of this exhibition included the assessment that helped found YSN as a completely new model of nursing education; the immense growth and change across the student population and faculty; the innovative methods of pedagogy and research inside and outside the classroom; a long tradition of community and global service; and a glimpse of the school today.

Thank you to those who joined us for viewings of the exhibition over the last few months. From alumni, donors, and volunteers to students, faculty, and staff, everyone enjoyed a look at YSN's unique history!

If you didn't get a chance to see the exhibition in person, [you can read more details about it here](#).

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## Check Out Our New Alumni Website

YSN launched new and improved webpages just for you! Visit [nursing.yale.edu/alumni](https://nursing.yale.edu/alumni) to learn about ways you can stay connected, upcoming events in your area, updating your contact information, and more.

For information about how you can make a difference by supporting YSN students and faculty, visit our new giving pages at [nursing.yale.edu/giving](https://nursing.yale.edu/giving).

Everything you want to know is just a click away, and we can't wait to keep you updated!

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## A Donation That Provides Income!

Did you know you can make a donation to YSN that also provides you with income for life? Called a charitable gift annuity, this type of donation is a smart way to maximize your philanthropic support while gaining tax advantages and a steady stream of income for the future. It's a win-win!

A recent law just passed that allows donors to use their Individual Retirement Account to fund a charitable gift annuity. Email [ysn.advancement@yale.edu](mailto:ysn.advancement@yale.edu) or call 203-785-7920 to learn more!

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## Interested in serving on the Yale School of Nursing Alumni Board?





As a Board member, you have the chance to plan events, serve as a mentor to current students, and play a role in the overall direction of the Alumni Association. Keep an eye out for emails from the Alumni Association in the next few weeks with additional details and the link to apply!

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## Supporting Future YSN Students

Are you grateful for your YSN experience and want to give back to ensure future generations of students can attend YSN? Then we have the perfect opportunity for you! The Next Century Fund is YSN's scholarship fund for the future. As we celebrate 100 years, your gift can help provide scholarship funds to support our talented nursing and midwifery students!

All gifts to the Next Century Fund will unlock a gift of equal size for YSN. Visit [nursing.yale.edu/next-century-fund-form](https://nursing.yale.edu/next-century-fund-form) to make your gift today.

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**Yale**

Yale School of Nursing

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